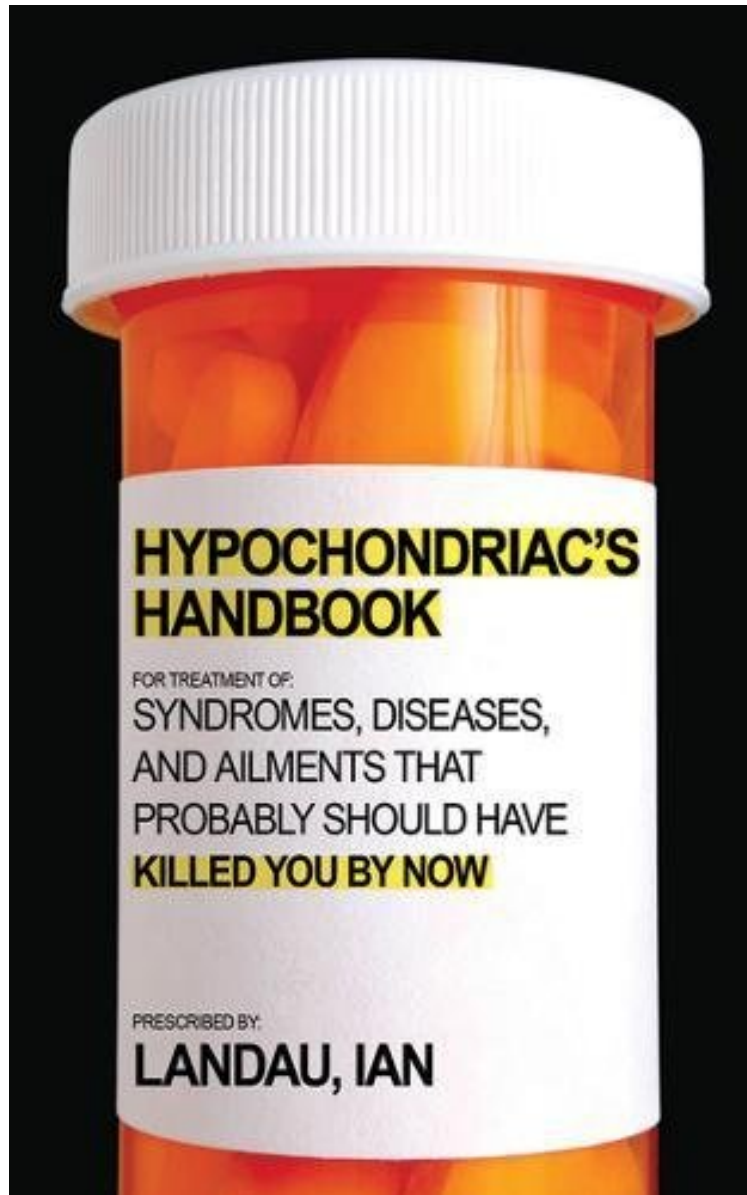


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## The Hypochondriac's Handbook: Syndromes, Diseases, and Ailments that Probably Should Have Killed You By Now

*Ian Landau*

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**Ian Landau : The Hypochondriac's Handbook: Syndromes, Diseases, and Ailments that Probably Should Have Killed You By Now** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Hypochondriac's Handbook: Syndromes, Diseases, and Ailments that Probably Should Have Killed You By Now:

0 of 0 people found the following review helpful. The Hypochondriac's HandbookBy JML -(o\_0)/A great little book for anyone looking to self-diagnose their next potentially fatal disease or disorder. While often funny, this book is sometimes disturbing in the conditions it covers. I actually found several conditions I -never- want to have!4 of 4 people found the following review helpful. A fun read, or a resource for the easily panickedBy Midwest Book ReviewThere are oh so many things out to end your life in painful and utterly gruesome ways. "Hypochondriac's Handbook: For the Treatment of Syndromes, Diseases, and Ailments that Probably Should Have Killed You by Now" is a guide to the unusual ailments that exist and how they are all out to get you and ruin and/or end your life. With a humorous slant, Ian Landau brings readers a look into diseases that can be as minorly inconvenient as making you talk a different accent, to turning your entire body to a bone statue. "Hypochondriac's Handbook" is a fun read, or a resource for the easily panicked.0 of 0 people found the following review helpful. MisleadingBy roxy0990Terrible-almost meant for children its that bad. Definitely not what I thought it was going to be. The pictures in the book are like from a children's book, horrible animation. Would recommend this book for ages 12-14.

Sure, everyone gets sick sometimes, but do you realize that plenty of those folks also die slow, unpleasant deaths from diseases that stumped even the experts at top-notch (still privately run) hospitals? Thats right: There are plenty of illnesses that even physicians have never heard about. Nodding Disease, Alice in Wonderland Syndrome, and Cutaneous Horn (yes, you grow a horn) are all featured here in pithy, energetic entries. You wont have to worry about socialized medicine if you have this bookeven if your doc could see you within a month, you might die due to his ignorance. Lucky for you and your loved ones, Ian Landau (who has no medical training but is a hell of a researcher) includes: Descriptions of each disease Background and history How to diagnose yourself and others Suggested treatments Prevention methods The book is not for the faint of heart, as it probably could cause cardiac arrest. (And you aint coming back from that without Ians help.)

About the AuthorIan Landau is a freelance writer, most recently working as the editorial director for the Parade magazine Web site. He lives in Brooklyn, New York.