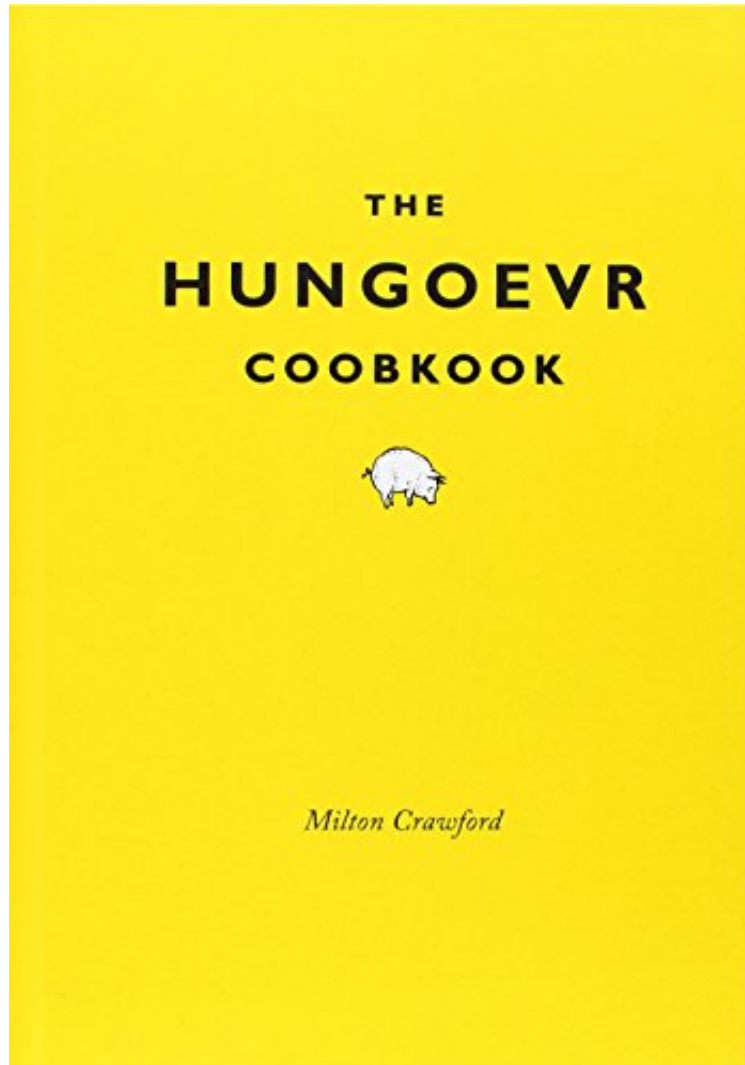


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The Hungover Cookbook

Milton Crawford

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Milton Crawford : The Hungover Cookbook before purchasing it in order to gage whether or not it would be worth my time, and all praised The Hungover Cookbook:

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Everything you need to know to assess, understand, and improve a hangover is here: dozens of comforting recipes, very clever graphic tests for analyzing your state of mind, and quizzes for tracking your progress. A good hangover brings its victim to a new state of mind—and one that, when looked at objectively, can be quite fascinating to its host: It can create an increased awareness of the body, a willingness to eat something usually off limits, and a fascination with the mind's strange acrobatics. With P. G. Wodehouse's six hangovers—The Broken Compass, The Sewing Machine, The Comet, The Atomic, The Cement Mixer, and The Gremlin Boogie—as a starting point, recipes are tailored to each specific malady, allowing the reader to find a recipe (or just a menu item) that precisely suits his state of mind . . . and body. Interspersed with the recipes are mind games, witticisms and graphic jokes, insights into hangover science, quizzes to see if you are still drunk or now just merely hungover, and more.

About the Author Milton Crawford was born somewhere north of the Zambezi and west of the valley of the East African Rift in a small town in the middle of Africa. He has travelled the world in search of good liquor, fine food, and game women. Crawford is an author and journalist, and in keeping with the most honorable traditions of the writing profession, a bon viveur and lover of distinction. Author of the bestselling *The Hungover Cookbook* and *The Drunken Cookbook*, he has published previous books under a soberer alias.