

(Ebook free) The Humour Triangle

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Andrew J. Lansdown

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Andrew J. Lansdown : The Humour Triangle before purchasing it in order to gage whether or not it would be worth my time, and all praised The Humour Triangle:

0 of 0 people found the following review helpful. Five StarsBy Pat BoothGreat read...makes you think!! Try it

During Lansdown's research interviews Therapists acknowledged that the relationship between the therapist and the client is one of the most important factors in the therapeutic process. When Lansdown mentioned humour' and therapy'

in the question "Could Humour enhance the Therapeutic relationship?" he was amazed by the polar and dogmatic reactions of his test subjects. It is a commonly held belief that psychotherapy is a paradigmatically serious and heavy subject and that Humour is not compatible with Counselling. As the late Sir Winston Churchill once said "a joke is a very serious thing". However...

About the AuthorThe author was born in the city of Bristol and has lived there for most of his life. He studied at the City of Bristol College before crossing the Severn Bridge to complete his studies and research at the University of Wales. He is a member of British Association for Counselling and Psychotherapy (BACP). As a qualified counsellor Andy works with clients with a wide range of problems including addictions, OCD and PTSD using a relational integrative model which supports Cognitive Behavioural, Humanistic and Psychodynamic therapies. Andy presented the research for this book at the BACP Annual National conference in Liverpool in May 2011.