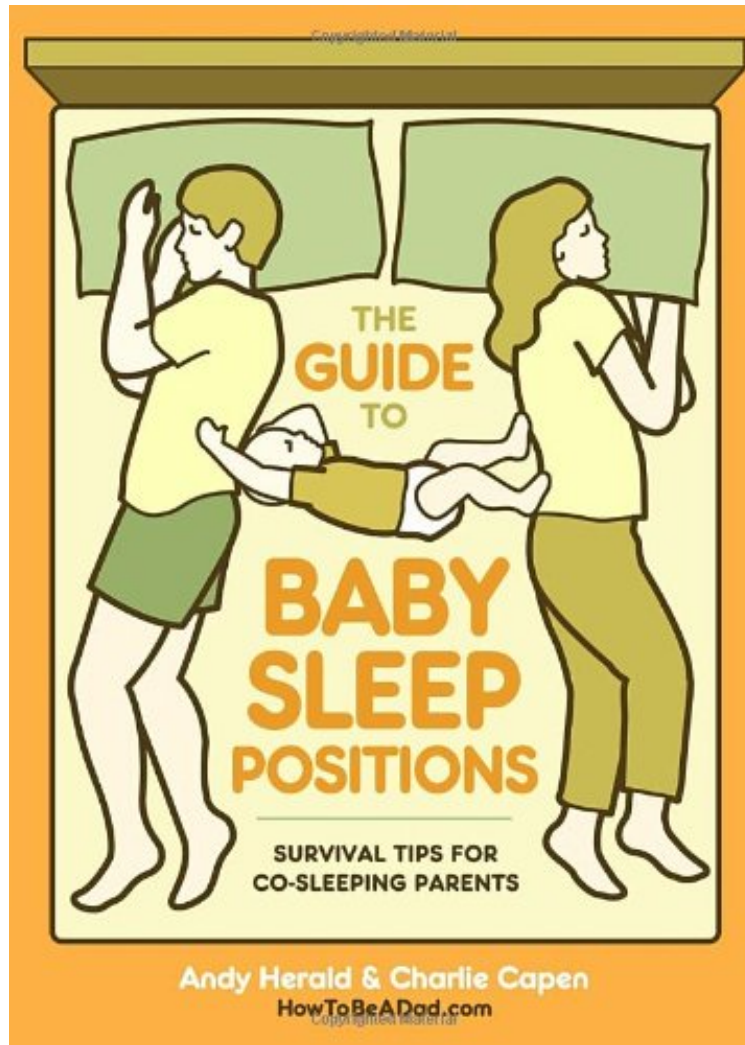


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The Guide to Baby Sleep Positions: Survival Tips for Co-Sleeping Parents

Andy Herald, Charlie Capen
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#1070277 in Books 2013-04-02 2013-04-02Original language:EnglishPDF # 1 7.14 x .20 x 5.02l, .21 #File Name: 044981987664 pages | File size: 41.Mb

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before purchasing it in order to gage whether or not it would be worth my time, and all praised The Guide to Baby Sleep Positions: Survival Tips for Co-Sleeping Parents:

12 of 12 people found the following review helpful. My stomach hurts from laughing so much!By Mike AdamickI remember when these sleep position graphics went viral a few years ago and was beyond excited to see what else had been added to the collection. This book does not disappoint. Any parent who has tried to sleep with a child in the bed will well know and/or remember a swift, sudden kick to the ribs or how, bizarrely, a creature who stands only 2-feet-

tall can somehow take over an entire king-size mattress. "H is for Hell" and "The Junkyard" are my favorites. But each new page brings a hilarious new drawing. What struck me most was how each new position also brought up a fond memory of a stage that has passed too soon. I stopped counting how many times I laughed out loud and said, "Ha! I remember that position" Or, "Oh man, been there, done that." This is the absolute perfect gift for any new or expecting parent, or for anyone who remembers the joy and pain and hilarity of raising kids. I have a couple friends with infants in the house, and I can't wait to give them copies, as I know they will relate. Loved this book so much. 6 of 6 people found the following review helpful. H is for Hilarious! By Nancy A. Master Too funny! Even though my son is now 21 years old, I still remember the sleepless nights and exhaustion. It's so good to finally be able to laugh about it all. You guys captured that first year perfectly. I laughed with every page turn! This one is on my must-have baby shower gift giving list. 1 of 1 people found the following review helpful. A must have for any newish parent By elleinthecity I've been a fan of How To Be A Dad since I saw their first sleep position diagram. They're spot on with their humor, showing the lighter side of parenting while letting their love for their kids shine through. Be the coolest kid on the block and buy this book for any new or expectant parent and get one for yourself while you are at it. No one will be disappointed.

Anyone who has tried to sleep with a baby is probably familiar with "The Snow Angel," "The Booby Trap," and "The Roundhouse Kick"; they've experienced these sleep positions even if they didn't know their official names. Now, with *The Guide to Baby Sleep Positions*, new parents can identify exactly which bedtime contortions they've already mastered and perhaps preview some positions that baby hasn't tried yet. Andy Herald and Charlie Capen are the talented dads behind the growing entertainment website HowToBeADad.com. Andy is a graphic designer and Charlie is an actor; together, they crank out a humorous stream of "anti-instructional" parenting content in the form of infographics, spoofy product ideas, and hilarious videos. All of their posts generate hundreds of "shares" across social media, but the *Baby Sleep Positions* stand out for garnering the biggest buzz. *The Guide to Baby Sleep Positions* features some of the most popular posts on the site (we can't leave out "H is for Hell" or "Jazz Hands"), but two-thirds of the content will be unique to the book, and ALL of the positions will be accompanied by new text. Packaged as a gifty paperback with flaps and priced at \$9.95, the book is an irresistible gift for Mother's Day, Father's Day, or a baby shower, or simply as a shared laugh between new parents.