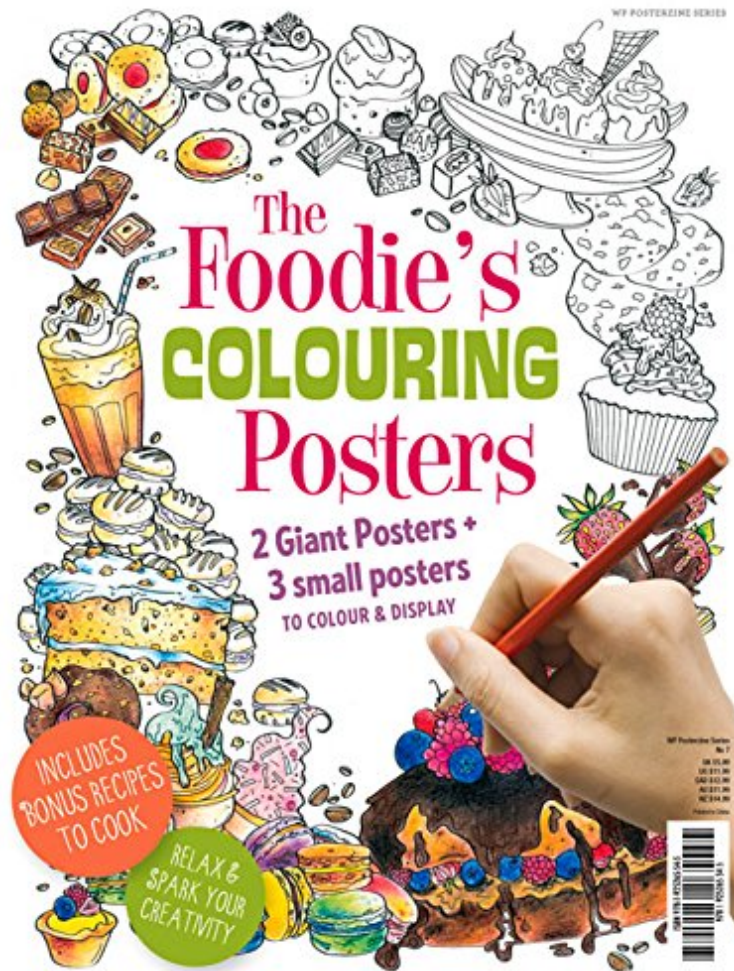


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## The Foodie's Colouring Posters

Alicia Freile, Jess Lomas

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**Alicia Freile, Jess Lomas : The Foodie's Colouring Posters** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Foodie's Colouring Posters:

Everyone knows a foodie or is a foodie themselves. Foodies love good food, good company, and sharing the tastes and flavors of a well cooked dish. In The Foodie's Colouring Posters, foodies can rejoice and relax as they color in a variety of food themed images while joining the adult coloring book craze sweeping the world. This collection of food posters allows you to enjoy all that coloring offers on a larger scale format that you can then display. For mindfulness or just for fun, The Foodie's Colouring Posters also includes bonus recipes to cook at home. Color, cook, create! Includes dual measures.

About the Author Alicia Freile is the author of E-Reader Digest and the illustrator of Reflections: A Knitting Journal and The Little Pink Book. Jess Lomas is an author and editor. Her previous titles include Diabetes Recipes, Low Sugar – Collected Edition, Sugar Detox and Real Food Treats.