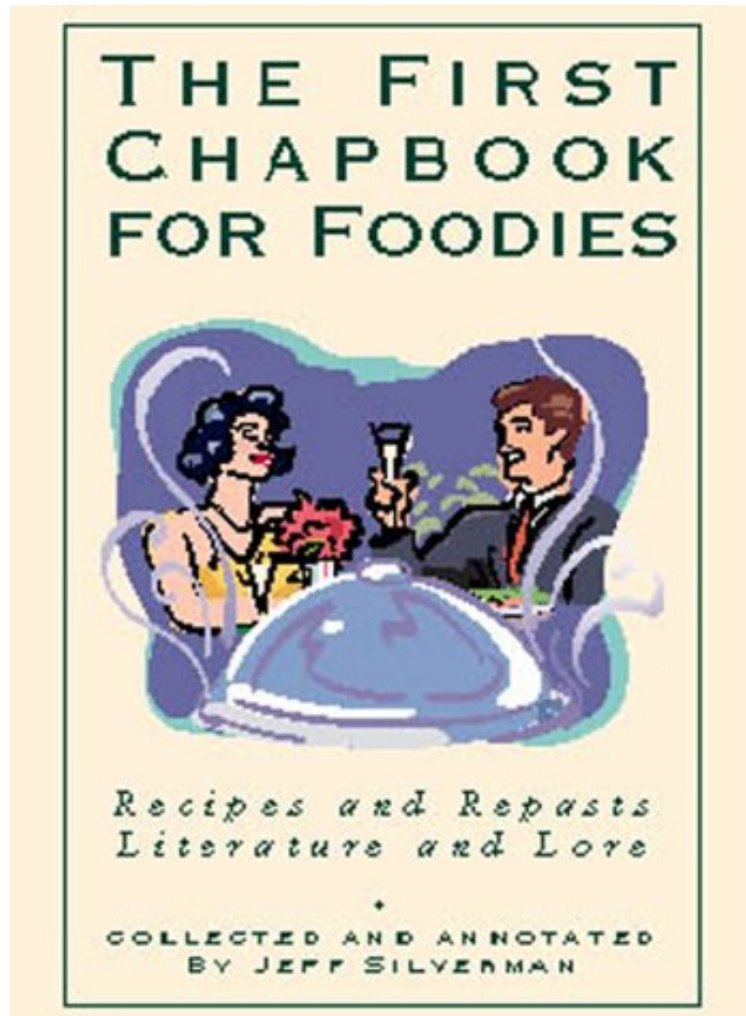


[Free and download] The First Chapbook for Foodies: Recipes and Repasts, Literature and Lore

The First Chapbook for Foodies: Recipes and Repasts, Literature and Lore

Jeff Silverman

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Jeff Silverman : The First Chapbook for Foodies: Recipes and Repasts, Literature and Lore before purchasing it in order to gage whether or not it would be worth my time, and all praised The First Chapbook for Foodies: Recipes and Repasts, Literature and Lore:

6 of 7 people found the following review helpful. What a delicious surprise!By A CustomerI received this as a birthday gift, and couldn't put it down. I've since bought several copies to give to friends. It is filled with marvelous writing, good humor, some fascinating recipes, and lots of unexpected morsels, like Cary Grant's delightful obsession with English muffins, a poetic dinner invitation from Ben Jonson, Noel Coward's little ditty about the wonders of eating pork, Ben Franklin on digestion woes, Freud on food and dreams, and a truly exotic recounting by 19th-century

explorer Richard Burton about dining in Mecca. There are excerpts about food from great literature -- Homer, Chaucer, Joyce, Milton, Shakespeare, Dickens -- and just wonderful thinking about food from such insightful writers on the subject as James Beard, MFK Fisher, John Thorne, and Raymond Sokolov. It's a lot of fun from start to finish, though I do suggest, as Jeff Silverman, who compiled the collection, stresses, if you ever decide to try making a blanc mange, make sure that you don't dye it green. Silverman's own celebration of chocolate is a full meal in itself.

Book by Jeff Silverman

.com There is a special kind of person--a "foodie"--who not only loves to eat but harbors a fascination with food, cooking, and dining that no feast could satisfy. This obsession is not just about nourishing the body but about feeding the mind as well. Jeff Silverman proves himself a foodie of the highest order with *The First Chapbook for Foodies*, presenting an impressive and learned compilation of discourses on all things gustatory. Expertly feeding our intellectual hunger, he offers writings from some of the best-known culinary professionals--including James Beard, Craig Claiborne, and M.F.K. Fisher--as well as some unexpected contributors, such as Sigmund Freud, Erica Jong, and Cary Grant. Thirteen chapters organized by topic--"Food Is Love," "Food Is Lust," "On Revulsion," "On Food Snobbery," and "Simply Simple Food," to name a few--offer a clever mix of poetry, essays, tips, and folktales. Freud theorizes that dreams are simple wish fulfillment fantasies based on a recurrent dream he often had (whenever he ate salty foods before bed, he dreamt of drinking water). In "Gourmet with Garnish," *Saveur* editor Andrew Coleman masterfully dispels the myth of gourmet food. And Black Panther Party cofounder Bobby Seale's "Barbecue Bill of Rights" is both an amusing diatribe against the "overly commercial bondage of cue-be-rab" and an informative guide to achieving the perfect union of smoke and meat. Spicing up the text are recipes from across the ages, from Geoffrey Chaucer to Elizabeth David. While few readers are likely to tackle the Clambake for 500 Guests or Alice B. Toklas's Hashish Fudge, the coveted recipe for Chasen's celebrated chili (made world-famous when Elizabeth Taylor ordered 10 quarts to be delivered to her in Rome while she was filming *Cleopatra*) may be incorporated into the repertoire of many a reader. At once informative, entertaining, and thought provoking, *The First Chapbook for Foodies* offers a veritable banquet of musings on food tasty enough to satisfy even the hungriest foodie minds. --Robin Donovan

From the Inside Flap Sometimes your eyes really are bigger than your stomach, and the only way to satiate that kind of appetite is stashing the hotpots, putting away the potholders, and feasting on some cerebral sustenance. Think about those delicious afternoons when you get lost in the pages of a cookbook or magazine, digesting recipe after recipe with no intention of lifting a ladle at all. An even more satisfying banquet awaits you in this olio of writings on food by some of the best-known (and occasionally most unexpected) gourmands and gazetteers ever to put pen to paper--or napkins to lips. Kenneth Grahame, author of the children's classic *The Wind in the Willows*, joins with the likes of Erica Jong, Elizabeth David, and James Beard in serving up inspirational, witty, and toothsome treatises on everything from, well, soup to nuts. What's kosher and what's not. The mysteries of chocolate. What Eve nibbled in the Garden of Eden. And if hunger gets the better of you, fire up the stove and help yourself to a handful of how-tos, from directions for a clambake for 500 to Alice B. Toklas's infamous recipe for hashish fudge. It's all here: history, oddities, poetry, evocative memories, and outlandish screeds, all on the subject of food. In *The First Chapbook for Foodies*, you'll see that M.F.K. Fisher, Noel Coward, Sigmund Freud, Joyce Carol Oates, and a host of others had one thing in common: tending to that most human of necessities, eating. Luckily for readers, they liked writing about it, too.