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# The Doctor is In(sane): Indispensable Advice from Dr. Dave

*Dave Hepburn*

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**DR. DAVE HEPBURN**

## *the* DOCTOR IS IN (*sane*)

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Advice from Dr. Dave*



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packed, and filled with endless funny stories. Dr. Dave's book will make a great addition to any library and certainly waiting rooms!

Shrinking budgets, stressful conditions, demanding patients: today's medical professionals face enormous pressure. What's a doctor to do? For Dave Hepburn, the only relief is in relishing the ridiculousness of it all. In his first book, the GP and popular columnist proves the adage about laughter and medicine. He tackles a variety of health issues, from smoking ("the nicotine patch works best when placed directly over the mouth") to the body mass index ("useless, corrupt, and irrelevant") and provides sensible, up-to-date advice about commonplace conditions and remedies while poking good-natured fun at his patients, Britney Spears, lawn bowling, and most of all, himself. Whether tracing the tenuous myth of tendonitis, analyzing the role of acupuncture, or meditating on the Museum of Menstruation, Dr. Dave holds nothing back as he takes on the foibles of human health and modern medicine.