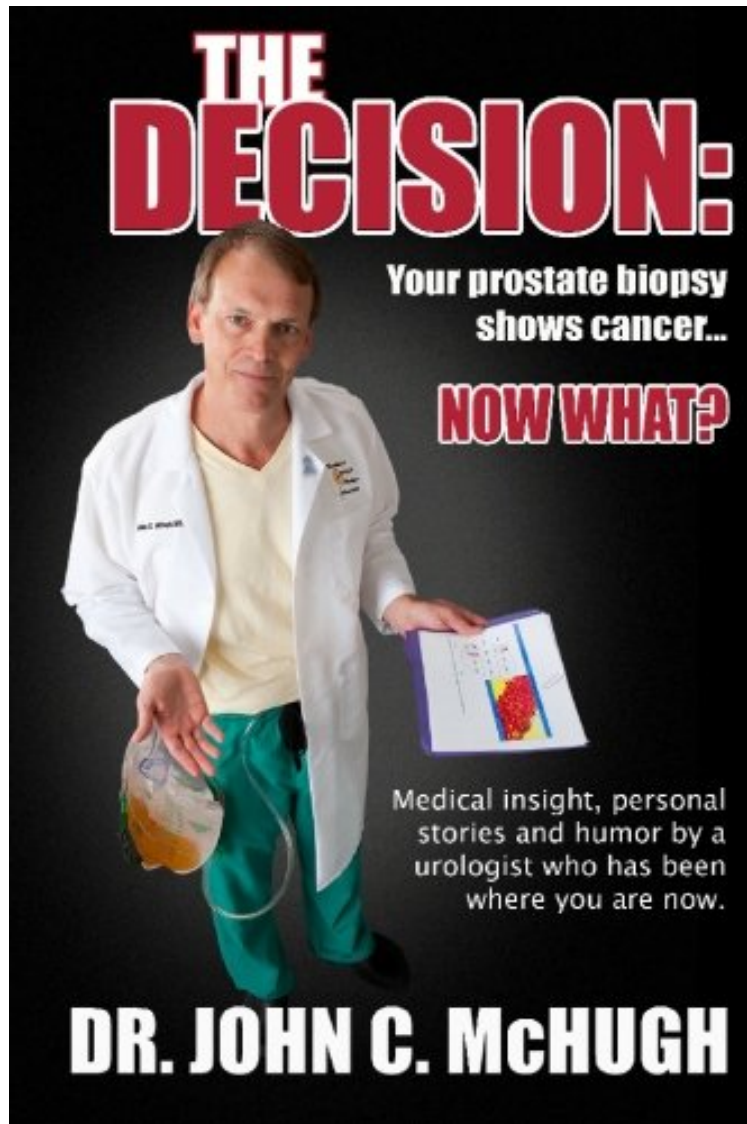


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before purchasing it in order to gauge whether or not it would be worth my time, and all praised *The Decision: Your prostate biopsy shows cancer. Now what?: Medical insight, personal stories, and humor by a urologist who has been where you are now.*:

2 of 2 people found the following review helpful. helpful when you get a prostate cancer diagnosis  
By ReaderThis is one among many books helpful when you get a prostate cancer diagnosis. After reading several books and speaking to many doctors we were able to make an informed decision. Since treatment procedures change so quickly, it's important to read newly published books (sort 's search results by publication date). And, in our experience, the more doctors we spoke with the more options and information we were able to gather. Larger hospitals in nearby cities offered options we had not heard elsewhere, were competitively priced, and covered by our insurance in all the same ways.  
3 of 3 people found the following review helpful. Invaluable Insight  
By Jack BrownI read this truly excellent book about 10 months ago, but didn't feel compelled to review it until another reviewer was critical of its production values. Though the book's exterior and art production are less than perfect, its invaluable content makes all such considerations pale. This is a priceless, non-proselytizing, first-person revelation of what a practicing urologist did after he received word that his prostate biopsy was positive. What more could any individual in a similar predicament ask? Simply put, this book provides an illuminating road map for any man faced with making the often life-changing decisions required when one is battling prostate cancer. Along with Dr. McHugh's book, I would also suggest to all prostate cancer patients the individual books by Doctors Walsh, Scardino, Katz, and Chodak. Ideally, one should digest all these volumes before any firm decision is reached. I would also urge avoidance of the massively misleading internet -- at least until these books are well understood, though that, I realize, is probably asking too much. And, most of all, each man must take sufficient time to knowledgeably make his own right decision; second chances are rare.  
1 of 1 people found the following review helpful. HELPFUL  
By TonyBecause there are so many options to treating prostate cancer, and each doctor tends to steer their patients towards the option that they, themselves, specialize in.....books like this are invaluable if one has been recently diagnosed. Although McHugh is a surgeon, and he eventually advocates surgery for the treatment...he does spend a lot of time reviewing all of the options and their effectiveness in a MOST impartial way. One of the things that drove his own decision to have surgery performed on him is that surgery...STILL offers the patient another form of treatment...a fallback (like radiation) if the cancer starts to recur years after surgery....while most of the other treatments do not offer effective fallbacks if the cancer reoccurs.His worksheet is designed to help the patient, to examining his own situation and fears personality and pain tolerance , etc etc...come to his on conclusion about the optimal treatment,Fast reading...

Over 200,000 times a year in the U.S. a patient will leave his urologist's office having been told he has prostate cancer. What the patient thought to be a disease of old men from which they do not die, now becomes a very complicated and frustrating dilemma about which treatment to pursue. "The Decision" offers the reader an insider's view to the key issues necessary for a well thought-out treatment plan peculiar only to him. Being a urologist who treats prostate cancer and having had the disease as well, uniquely positions the author in offering guidance to the newly diagnosed prostate cancer patient. Dr. McHugh outlines a novel and multifaceted approach, using an eclectic mix of medical insight ,personal stories and humor, to aid the reader in making his "Decision." The US Review of Books - Carolyn Davis A urologist, McHugh, was inspired to write this informative book after he developed prostate cancer and dealt with treatment options as a patient. Part guidebook, part autobiography, it is intended for men who are facing the often perplexing choices of potential treatments. "Prostate stories" and more of McHugh's autobiography complete the book. The Decision is recommended for its combination of empirical tools, personal anecdotes, and overall compassion. Clarion ForeWard Five Star out of Five Book Review: McHugh has written an invaluable tool for the man facing the decision of how to treat his prostate cancer. This reviewer too knows of what he speaks, having been diagnosed with prostate cancer nearly six years ago. He had robotic surgery and is living an active, cancer-free life. John Michael Senger April 28, 2011

About the AuthorDr. McHugh has been a private practice urologist in Gainesville, Georgia, for over twenty years. He was a R.O.T.C. cadet and received his undergraduate degree in Chemistry at North Georgia College in Dahlonega, Georgia. He went to medical school and did his urologic residency at the Medical College of Georgia in Augusta, Georgia. He and his wife Karen have been married twenty-nine years and have three children. His interests include history, his dogs, and anything related to water and fishing. He was diagnosed and treated for prostate cancer in 2007. Witnessing for years the frustration of his patients making "the decision" regarding which therapy to choose and then having to experience it himself, prompted him to define the decision-making journey for others. During the three months it took for him to decide, it became clear that the decision is multifaceted and depends a lot on the patient's particular situation at the time of diagnosis. Combining his story-telling abilities with his medical insight and experience, Dr. McHugh offers the reader a fresh and novel approach to deciding what to do about his prostate cancer.

Visit Dr. McHugh's blog "Prostate Diaries" at [theprostatedecision.wordpress.com](http://theprostatedecision.wordpress.com).