

[Download free pdf] The Decision: Your prostate biopsy shows cancer. Now what?: Medical insight, personal stories, and humor by a urologist who has been where you are now. by John C. McHugh M.D. (2010-02-07)

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2 of 2 people found the following review helpful. helpful when you get a prostate cancer diagnosisBy ReaderThis is one among many books helpful when you get a prostate cancer diagnosis. After reading several books and speaking to many doctors we were able to make an informed decision. Since treatment procedures change so quickly, it's important to read newly published books (sort 's search results by publication date). And, in our experience, the more doctors we spoke with the more options and information we were able to gather. Larger hospitals in nearby cities offered options we had not heard elsewhere, were competitively priced, and covered by our insurance in all the same ways.3 of 3 people found the following review helpful. Invaluable InsightBy Jack BrownI read this truly excellent book about 10 months ago, but didn't feel compelled to review it until another reviewer was critical of its production

values. Though the book's exterior and art production are less than perfect, its invaluable content makes all such considerations pale. This is a priceless, non-proselytizing, first-person revelation of what a practicing urologist did after he received word that his prostate biopsy was positive. What more could any individual in a similar predicament ask? Simply put, this book provides an illuminating road map for any man faced with making the often life-changing decisions required when one is battling prostate cancer. Along with Dr. McHugh's book, I would also suggest to all prostate cancer patients the individual books by Doctors Walsh, Scardino, Katz, and Chodak. Ideally, one should digest all these volumes before any firm decision is reached. I would also urge avoidance of the massively misleading internet -- at least until these books are well understood, though that, I realize, is probably asking too much. And, most of all, each man must take sufficient time to knowledgeably make his own right decision; second chances are rare. 1 of 1 people found the following review helpful. HELPFUL By Tony Because there are so many options to treating prostate cancer, and each doctor tends to steer their patients towards the option that they, themselves, specialize in.....books like this are invaluable if one has been recently diagnosed. Although McHugh is a surgeon, and he eventually advocates surgery for the treatment...he does spend a lot of time reviewing all of the options and their effectiveness in a MOST impartial way. One of the things that drove his own decision to have surgery performed on him is that surgery...STILL offers the patient another form of treatment...a fallback (like radiation) if the cancer starts to recur years after surgery....while most of the other treatments do not offer effective fallbacks if the cancer reoccurs. His worksheet is designed to help the patient, to examining his own situation and fears personality and pain tolerance , etc etc...come to his own conclusion about the optimal treatment, Fast reading...