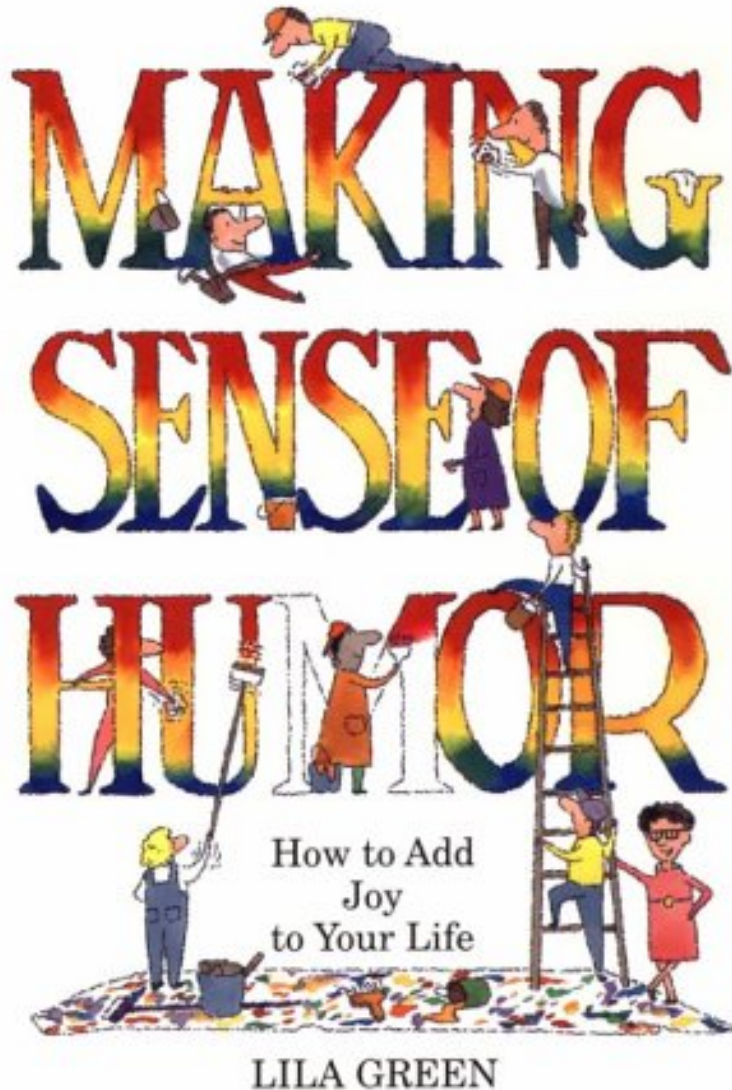


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Lila Green

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Lila Green teaches us to use humor to enhance our communication, relieve stress and increase work performance. She offers fun-filled, yet practical, tips on how to inject humor into your home, office, family life, or any environment that could stand to lighten up a bit.