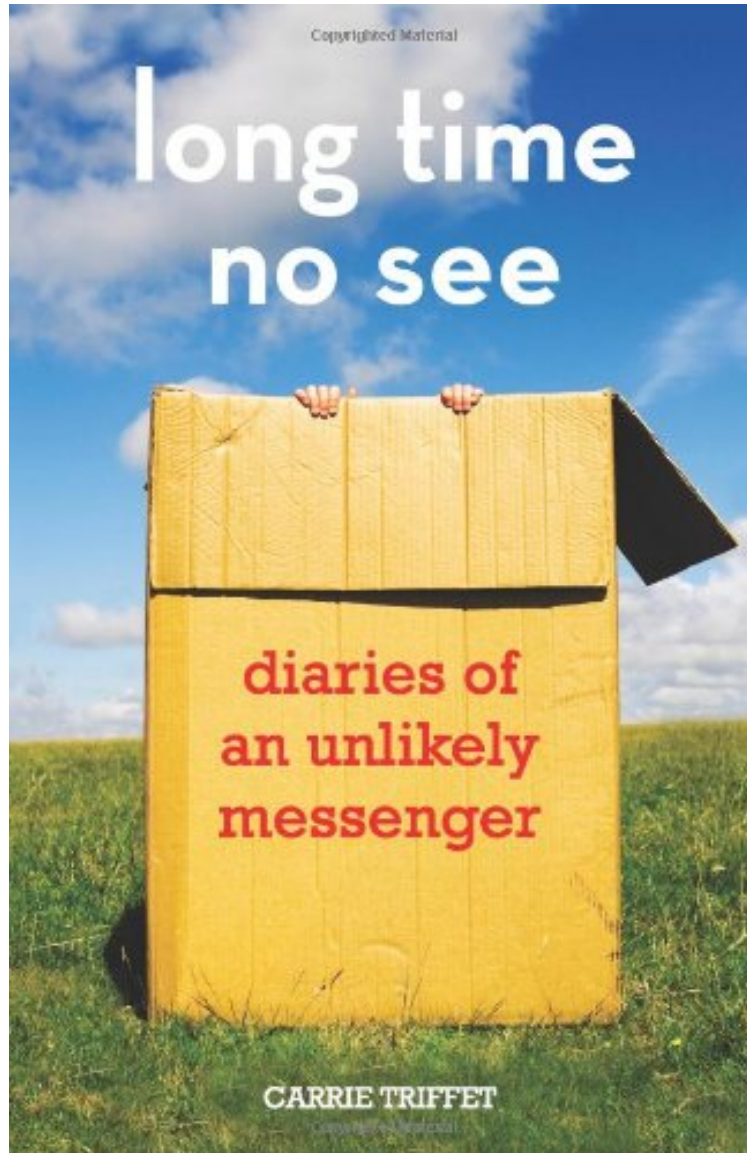


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Long Time No See: Diaries of an Unlikely Messenger

Carrie Triffet

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Carrie Triffet : Long Time No See: Diaries of an Unlikely Messenger before purchasing it in order to gauge whether or not it would be worth my time, and all praised Long Time No See: Diaries of an Unlikely Messenger:

Winner of a 2010 Independent Publisher Award for Humor! One part deeply personal memoir and two parts rip-

snorting spiritual adventure, *Long Time No See* is a powerfully moving, occasionally profane, and often hilarious account of one person's single-minded search for enlightenment. Carrie Triffet's true-life journey takes her from reluctant orthodox Jewish beginnings into a devout twenty-year practice of Nichiren Buddhism. Intending to remain a Buddhist for life, she is wholly unprepared when a profound awakening in 2005 unexpectedly changes everything, leading her insistently into a life beyond religion. Join her on this odyssey that begins in the Midwest and travels to sunny Southern California by way of London, Paris, and the red rocks of Sedona, Arizona. Learn the metaphysical lessons offered by a swanky Vegas hotel room, a past life crime scene, and a ferocious lightning storm at 30,000 feet (among many others), as Carrie relays the messages of universal truth that she is given to share with us all.