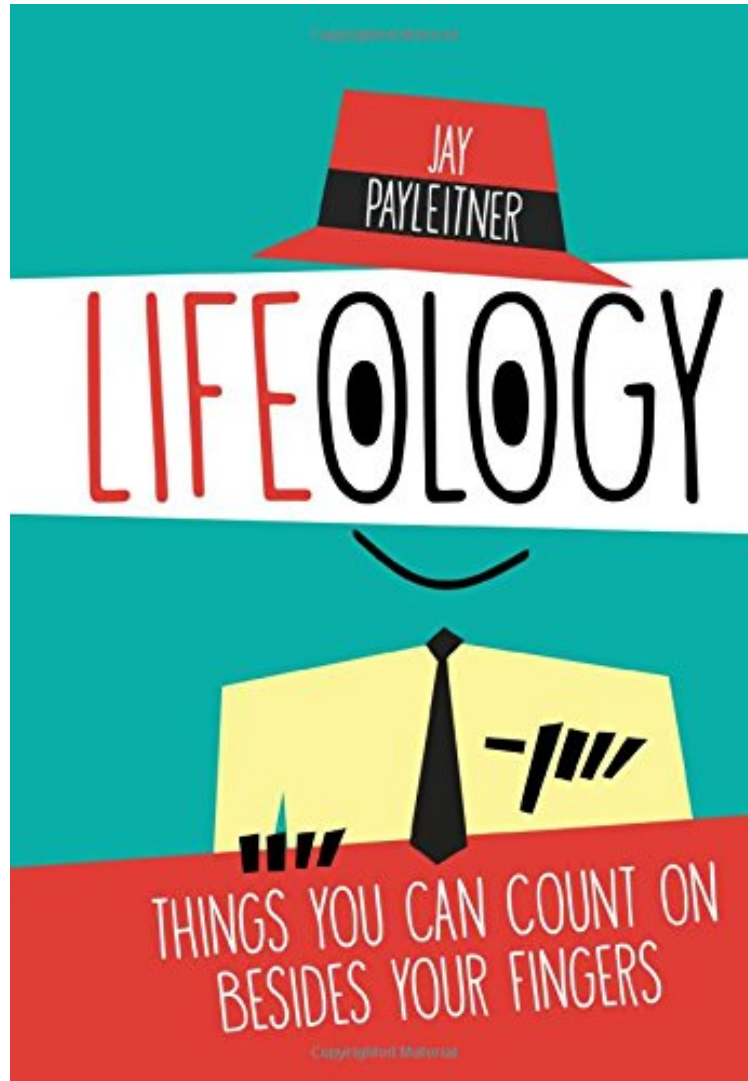


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Lifeology: Things You Can Count on Besides Your Fingers

Jay Payleitner

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Jay Payleitner : Lifeology: Things You Can Count on Besides Your Fingers before purchasing it in order to gauge whether or not it would be worth my time, and all praised Lifeology: Things You Can Count on Besides Your Fingers:

2 of 2 people found the following review helpful. An eye-catcher!! By Jack I received this little book as a gift and was immediately struck by how attractive the cover was and how well the book is made (heavy paper, substantial binding and even a built-in teal ribbon book marker). Inside, I found a collection of witty one-liners dispensing wisdom on topics ranging from personal relationships to child rearing to business acumen. It's a short read (maybe an hour), but I defy anyone to open it to any page and read it without smiling, or even laughing out loud! I leave mine on the coffee

table. Guests always pick it up and read some of the funnier and more cogent quotes to the room. If not for this book, I would have never known that Lou Gehrig was the first athlete on a Wheaties box!

1 of 1 people found the following review helpful. Challenging and humorous

By Lanus

Lifeology is a collection of sayings, quotes, and maxims. I find myself picking the book up when I have a few spare minutes and each time I'm amused and challenged, sometimes by the same quote. For example, "Keep your temper, nobody else wants it" is humorous but also is a reminder that nobody wants to live with an angry person. Many of the sayings are challenging, and serve as reminders of what is really important in life; one of Jay's trademark sayings is "stop and catch the fireflies." Some of them are amusing and counter-intuitive: "Eagles may soar, but weasels don't get sucked into jet engines." Or inspiring: "Only dead fish go with the flow" is a reminder that going through life without having any resistance probably means you're not living life to it's fullest. "You will not find a solution by dwelling on the problem" is probably one of the most challenging ones I read.

Like other of Jay's writing, this book is filled with wit and wisdom. Every time you pick up the book you will be both entertained and stimulated to excellence. I highly recommend "Lifeology."

1 of 1 people found the following review helpful. Interesting Facts and Lots of Laughs

By Mitch BI

can imagine the author sitting in his study with his chin in his hand, thinking to himself "why would anyone want to read this book"? Well, let me tell you, it has been a big hit in my family. On several occasions, my entire family was sitting around the kitchen table: smiling, or laughing, sometimes looking puzzled, but usually agreeing with the wisdom contained in the quotes, as I read them out loud. The book has a fantastic cover, kind of a silly "Mad Men" graphic. I can guarantee that you will learn interesting new facts to amaze your co-workers with, and have fun in the process!

Welcome to the mind-expanding world of Lifeology! It is beautiful to have the right thing to say at just the right time. Lifeology contains more than 750 words of wisdom learned the hard way, stumbled over, heard in passing, or generated out of thin air—all ready for you to share, quote, whisper, or tweet.

Lifeology is divided into more than two-dozen surprising and eclectic categories, including...

- Relationship lifeology
- Do-great-things lifeology
- Heartwarming lifeology
- Amusing-fact lifeology
- Lifeology for parents and kids
- Business lifeology
- Unexpected lifeology

And much more

You are allowed to have a favorite category, but do not miss the others. Feeling overwhelmed by numbskulls? Is it your job to rally the troops? Need your own inspirational nudge? You now have hundreds of trustworthy truths at your fingertips— ready to apply to life.

About the Author

JAY PAYLEITNER is a dad. But he pays his mortgage and feeds his family working as a freelance writer, speaker, ad man, and radio producer with credits including Josh McDowell Radio, WordPower, Jesus Freaks Radio, The Phyllis Schlafly Report, and Today's Father with Carey Casey. Jay served as the Executive Director for the Illinois Fatherhood Initiative and is a producer/ writer/blogger for The National Center for Fathering. Jay is the author of 16 books including the best-selling 52 Things Kids Need from a Dad. Jay and his high school sweetheart, Rita, have four sons, one daughter, and four daughters-in-law and live in St. Charles, Illinois. In the last two years, two grandsons have given Jay a new title: "Gramps."