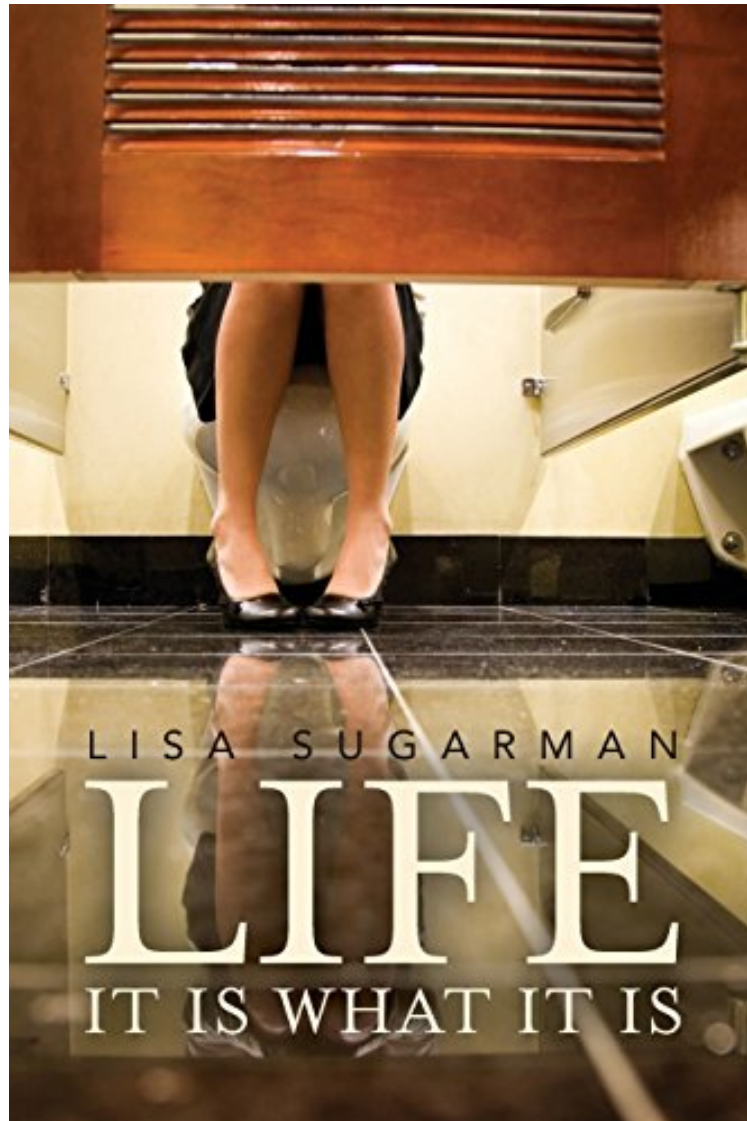


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LIFE: It Is What It Is

Lisa Sugarman

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Lisa Sugarman : LIFE: It Is What It Is before purchasing it in order to gage whether or not it would be worth my time, and all praised LIFE: It Is What It Is:

0 of 0 people found the following review helpful. Ms. Sugarman really captures life's everyday moments!By Kindle CustomerI picked up this book after reading Lisa's weekly column about everyday life in our local newspaper I always felt that each column was a girlfriend and I chatting over a cup of coffee or at the beach ! Easy read , pick it up , read a few pages and come back to the next story anytime you want a glimpse of life with a dash of great humor ! Happy to find someone that can put life's special moments into words ! Fantastic !!0 of 0 people found the following

review helpful. This is my favorite book! By David Nagel Life: It Is What It Is is my favorite book! It is a compilation of Lisa's most meaningful and relatable opinion columns published in our local newspaper. She writes in a way that makes you think she is talking right to you with her experience, her wisdom and always with a little humor because no one can get through life without it. She makes you think, she makes you laugh and, most importantly, she reminds you that "life is not a straight line...so live big!" 0 of 0 people found the following review helpful. It Is What It Is" was amazing. Lisa's style of writing is like no other. By Heidi Ferrante Reading Lisa Sugarman's book, "Life, It Is What It Is" was amazing. Lisa's style of writing is like no other. Every column, every page was like Lisa was in my own head. Each page was a thoughtful, sincere account of a part of our life we sometimes forget. "Life, It Is What It Is" is a must read!! HJF

We expend massive amounts of energy in pursuit of perfection. If only we could never make mistakes or encounter unpleasant obstacles, oh, wouldn't life be just perfect? Maybe, but it would also be static, unfulfilling, and really, really boring. Humorist Lisa Sugarman knows that life is a work in progress. She knows what we all suspect—life is at its best when it's fluid, unpredictable, and gloriously imperfect. And if this means life sometimes turns ugly and unpleasant, it only makes the good times that much sweeter. Author of opinion column It Is What It Is, Lisa embraces reality, not perfection. We're supposed to be imperfect. We're meant to screw up, make bad decisions, and lose our way. We can't control everything that life throws at us, but we can control how we react to it. With the right attitude and a little guidance from Lisa, anyone can be happy and fulfilled most of the time. Her collection of funny, inspiring, and sometimes poignant columns reminds us that life is not a straight line, even on the best of days, and it's the twists in the road which make the journey so beautiful.

From Kirkus s "Sugarman is a professional, accomplished writer, and her easy-to-read essays should prove smoothly satisfying to general readers. Appealing, embracing essays about everyday life." "LIFE: It Is What It Is by Lisa Sugarman is hands down one of the realist and funniest and well-crafted books that I've read in a long time! I was literally laughing from the opening sentence, and found myself chuckling more than I have with any other book of recent memory. I absolutely loved the author's writing style and her 'voice' - we feel like our smarter, funnier BFF is talking to us, and I didn't want to stop reading. Really hope she writes more like this in the future. Loved it!" (5 stars) Anabella Johnson "I was hooked from the opening pages and it's awesome how Lisa Sugarman manages to write about all these scenes and scenarios that are totally relatable to just about anyone, even if you don't have kids (like me). I would totally love to have her as a dinner guest, just to hear her talk! It's like reading several slices of real life and I love her outlook on many things. Really well written, with a natural tone. I was really impressed and would recommend this book with the highest of praise." (5 stars). Stacy Decker "Wow, this book, LIFE: It Is What It Is by Lisa Sugarman captured my attention from the beginning, pulled me in, and never once let go. Each entry was interesting, engaging, and flowed smoothly from one to the next... never a "dull one". The author is so down to earth and humble, and funny... great outlook that is a refreshing change from the negativity that can easily consume us. I'm REALLY glad I decided to read this book (finished in one night!) and I hope others do too... I can't imagine anyone NOT liking it!" (5 stars) Essie Harmon "Fun, real, honest, fast-paced, and well-written, LIFE: It Is What It Is was an unexpected delight for me. I meant to read just a few chapters the other day, but found myself not putting down my Kindle until nearly 80% in. I really enjoy how Ms. Sugarman writes and manages to make even the most mundane situation sparkle with humor or relevance... it is easy to zip through without being bogged down by heavy stuff, but that doesn't mean it's shallow or fluffy, not by a long shot. It is lighthearted, yes, but there is real substance here and lessons to be learned" (5 stars) Laura Clarke "At first I wasn't sure what I was getting myself into reading LIFE: It Is What It Is because I tend to lean towards long, epic novels that I can really lose myself in. But I was intrigued by the opening and the way that I felt an almost immediate connection to the author... like we were instantly friends and she's sharing her experiences with me in a way that makes me just want to sit and listen for as long as she wants to talk. May have even had a few epiphanies along the way as well. So true to life and authentic, yet unlike anything I've read before." (5 stars) Kaylee Stevens From the Author I hate to break it to you, but there's no such thing as perfection. I don't care who you are, where you live, or how many kids you have, you're wasting your time if you're trying to make everything work seamlessly. Because no matter how hard you try, life will always toss you a curve and throw you off balance. That's why, instead of trying to be perfect, you should accept that things aren't always going to fall into place and learn to be nimble. And THAT is what will help you live a truly happy life. We're all so scattered and overwhelmed most of the time and I think people need to be reminded that they're not alone. Everyone has two hundred balls in the air most of the time and doing their best just to keep them in the air. But that's ok, because as long as you've got the right attitude, most things will fall into place. And if they don't, well, then you know that's just life.