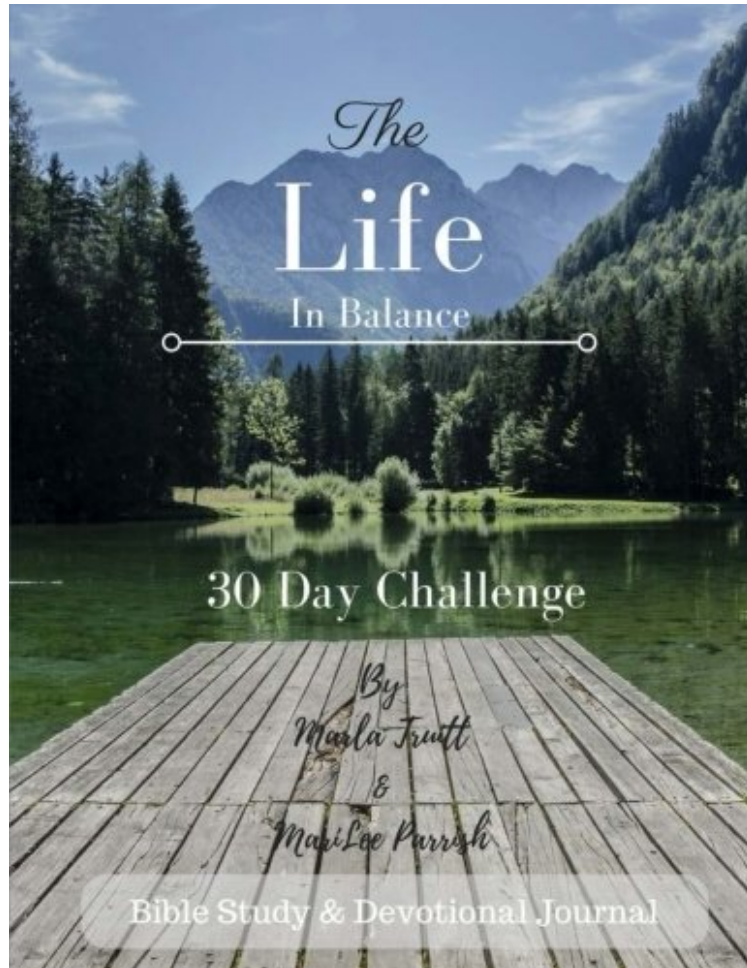


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Life in Balance: 30 Day Challenge

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Life in Balance Staff : Life in Balance: 30 Day Challenge before purchasing it in order to gage whether or not it would be worth my time, and all praised Life in Balance: 30 Day Challenge:

We all know that God tells us to be still! He tends to direct us to answers and revelation when we come before him in quietness and trust (Isaiah 30:15). God wants balance in our lives and He wants us to seek Him always. Sometimes we are so busy that we don't have time to reflect on our lives or even what God wants us to do. We have created a 30 day plan to help find what is causing chaos in your life and the things that bring you "out of balance" with God. The Life In Balance 30 day challenge will help you calm your spirit and listen to God's voice. In this 4 week study you will focus on God in Worship, Body, Mind Spirit. We hope you enjoy our brand new coloring pages! We encourage you to

doodle and color as you journal. Make this book a creative work of God in your life!