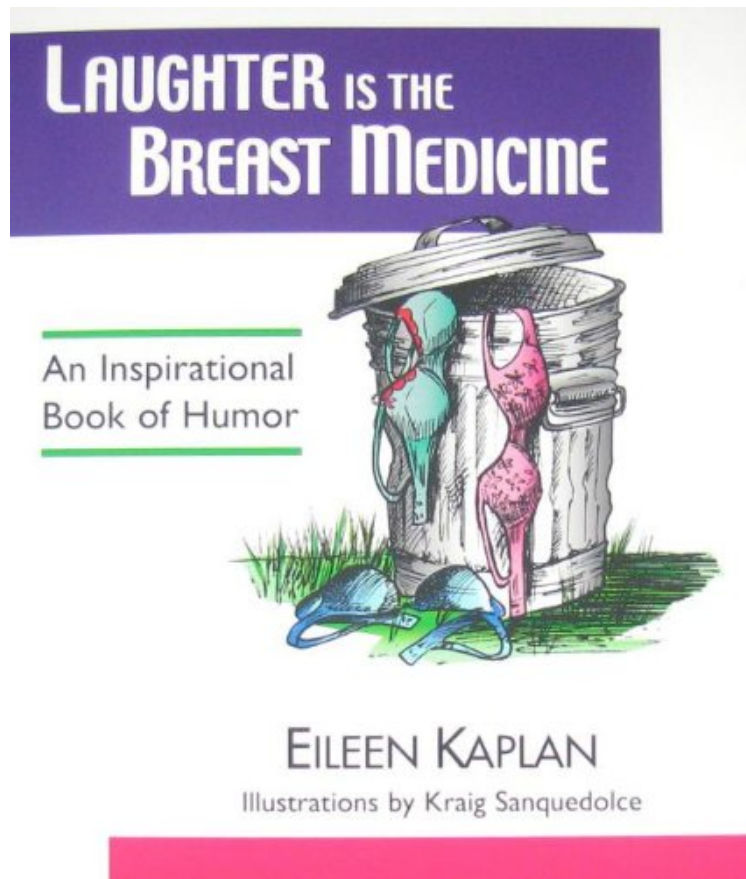


[Download pdf ebook] Laughter Is the Breast Medicine: An Inspirational Book of Humor

# Laughter Is the Breast Medicine: An Inspirational Book of Humor

*Eileen Kaplan*

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**Eileen Kaplan : Laughter Is the Breast Medicine: An Inspirational Book of Humor** before purchasing it in order to gage whether or not it would be worth my time, and all praised Laughter Is the Breast Medicine: An Inspirational Book of Humor:

0 of 0 people found the following review helpful. I cried till I laughed and then I cried again.By MA DAEileen captures the fun side of what could have been a tragic story. Worth sharing with friends!0 of 0 people found the following review helpful. THIS SMALL BOOK PACKS A BIG PUNCH!By J.E. RogersLaughter is the Breast Medicine; by Eileen Kaplan is a small gem. It's size, both physically, and in page count, makes this read not just quick, but enjoyable. You may not believe that the subject matter could be categorized as enjoyable, but Ms. Kaplan has a way with words. She does not dwell on the dark side one might experience as a cancer patient. Instead she offers a point of view that tells it like it is in a lighthearted and direct manner, one that any reader, or cancer patient can appreciate.I am certain that many women, who have first hand experience, and others, who are in the midst of dealing with issues relating to breast cancer, will be able to come away with a new understanding of what breast cancer patients go through. The book deftly and succinctly provides a different prospective for handling the problems a breast cancer patient might encounter.Thank you, Ms. Kaplan, for your courage and your levity. It shines through in your

words. Although this is an unusual read for me, I must say that I did enjoy Ms. Kaplan's approach to the subject matter and would recommend this read for those who are about to face such a devastating problem and for those who are in the middle of treatment. Jeanne E. Rogers, Author *The Sword of Demelza*, Middle Grade Fantasy 0 of 0 people found the following review helpful. Even if you don't have cancer, this is a great read! By DSHK Knowing a few people in my life that were recently diagnosed with cancer, I needed to read this book. It gave me an insight to what they were going through and made me laugh at the same time. Laughing one minute and crying the next describes perfectly what I experienced reading this book. If you have a loved one going through breast cancer, this is a great read for you as well as your loved one.

Women's Health Advocate and Breast Cancer Survivor, Eileen Kaplan brings her message of healing and hope to audiences. With her signature humor and her inspiring speeches, she discusses the emotional aspects of her journey from diagnosis to recovery with the enormous support of her family and friends. Eileen battled breast cancer in 2005, her bi-lateral mastectomy, (which included a recurrence) was the impetus for her dedication to share her important story from health education, early detection, and diagnosis to recovery. Her book, "Laughter is the Breast Medicine" has been instrumental in inspiring and helping others to keep a positive outlook while dealing with illness and treatment. Her journey forced her to face the fact that we are all human and are going to die one day. Her mission is to use her sense of humor and teach others to become their own advocates. Also, to focus on the positives and live every day of your life to its fullest. When you want to do something, never say SOMEDAY. She has spoken nationally and internationally for many hospital groups, survivor celebrations, health systems, health insurance groups, women's, health technology groups, corporations, and associations. In 2011 and 2012, Eileen was invited to speak at Joan Lunden's Camp Reveille for Women. She has received the Inspired Success Award by Princess Bola Adelani of Royal Proclamations, a short story award, Women Friendship and The Daffodil Award by the American Cancer Society. She has been seen and heard on many television and radio broadcasts. Eileen was born and grew up in Southeastern Connecticut. She graduated from Mt. Sinai Hospital in Hartford, Connecticut with a degree in Radiologic Technology. She was employed as an X-Ray Technologist with an Orthopedic Group for many years. Eileen's experiences in health care and advocacy have reinforced her love of laughter and the importance of humor in healing. Her speeches and interviews are always upbeat and