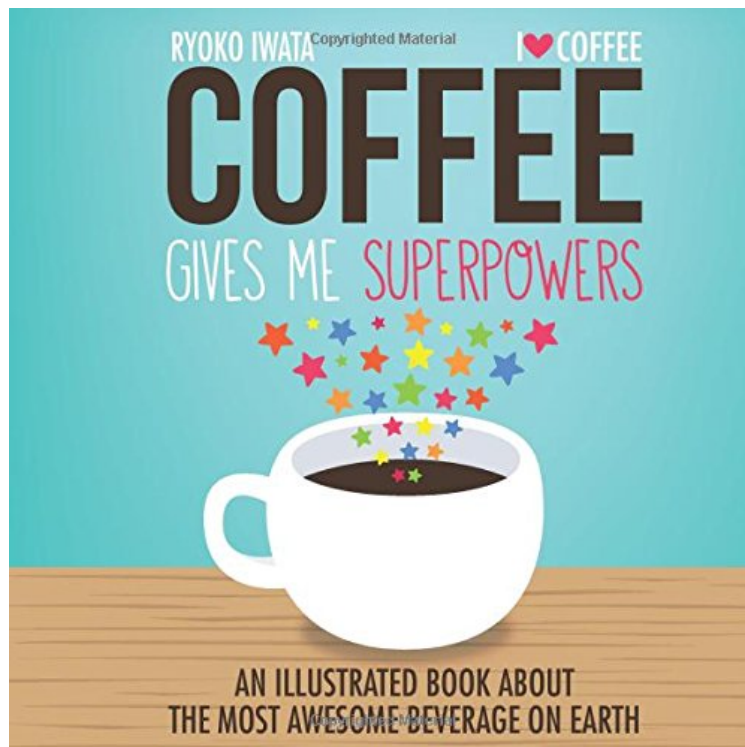


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Coffee Gives Me Superpowers: An Illustrated Book about the Most Awesome Beverage on Earth

Ryoko Iwata

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Ryoko Iwata : Coffee Gives Me Superpowers: An Illustrated Book about the Most Awesome Beverage on Earth before purchasing it in order to gage whether or not it would be worth my time, and all praised Coffee Gives Me Superpowers: An Illustrated Book about the Most Awesome Beverage on Earth:

2 of 2 people found the following review helpful. This book contains the secret to True Happiness. By Richard DeWald This delightful, short, optimistic well-illustrated collection of infographics is an unusually rewarding diversion for a moment while sipping a cup of coffee. I confess that I came to it as a fan of her website, but Ms. Iwata has done more than just copy-and-paste from/about her Internet publishing; the book is thoughtfully sequenced to lead the reader through a short, happy, informative journey through what she's discovered about coffee. It is as if you were having coffee with the author, she got there early, pounded a couple of double-espressos while waiting, and has a lot to tell you. You, the reader, can just sit there, amused and content, while she goes on about coffee's history, origins, patterns of consumption, effects on the body and mind. Will it change your life? Paying attention to your life the way Ms. Iwata pays attention to coffee will. When I know as much about what I enjoy, use and consume daily as the author does about coffee I am more content and find like more interesting. If you drink coffee every day like I do, buy this little book and read it. The trusty cup of joe will speak to you in new ways every day from then on. Drink coffee, be

happy.3 of 3 people found the following review helpful. A fun, witty book about the world's second favorite beverage.By Christopher BarrettIf you aren't trying to take this book too seriously, then you'll have a blast. Mathew Inman (aka The Oatmeal) illustrates much of this book. It has a lot of fun infographics and charts but it is not a reference book. For that you would want to read 'Uncommon Grounds' all 800+ pages.For a 100 page, cutely drawn, fun little 'coffee table' book this is a winner. It's selling for under \$10 and well worth it.2 of 2 people found the following review helpful. but it's great to have it in a book form to casually ...By DiyeanaI received this book today and I can't wait to take it to the office to share. Yes, a lot of the content is also on her website, but it's great to have it in a book form to casually (or, as in my case, quickly) read when you want an internet break. I'm so glad I'm a black and espresso coffee drinker but I think even if you drink soy or more-sugar-than-coffee drinks, you'll get a kick out of the book. If we can't laugh at ourselves (I am obviously going to die from a sharp and bitter soul) then we need serious help. Have some coffee and read a coffee table book! It will help.

For coffee lovers and those who love them, Coffee Gives Me Superpowers is a fun, graphic design-centered book focused on one of the world's most addictive and beloved substances--coffee.If coffee is the foundation of your food pyramid, then this is your book. Inspired by Ryoko Iwata's popular Web site, I Love Coffee (en.ilovecoffee.jp), Coffee Gives Me Superpowers is overflowing with infographics and fun, interesting facts about the most awesome beverage on earth written by Ryoko, a Japanese coffee-lover living in Seattle. The book includes the most popular pieces on the site, such as "Your Brain on Beer vs. Coffee," "10 Coffee Myths," "The Best Time of Day to Drink Coffee (According to Science)," and "10 Things You Probably Didn't Know about Caffeine," plus 25 percent new, original material that is available only in this book.

About the AuthorRyoko Iwata is a Japanese coffee-lover living in Seattle. When she's caffeinated, she creates and writes infographics, facts, quizzes, and other fun visual stuff about coffee, and sometimes sushi, on her Web site, I Love Coffee.