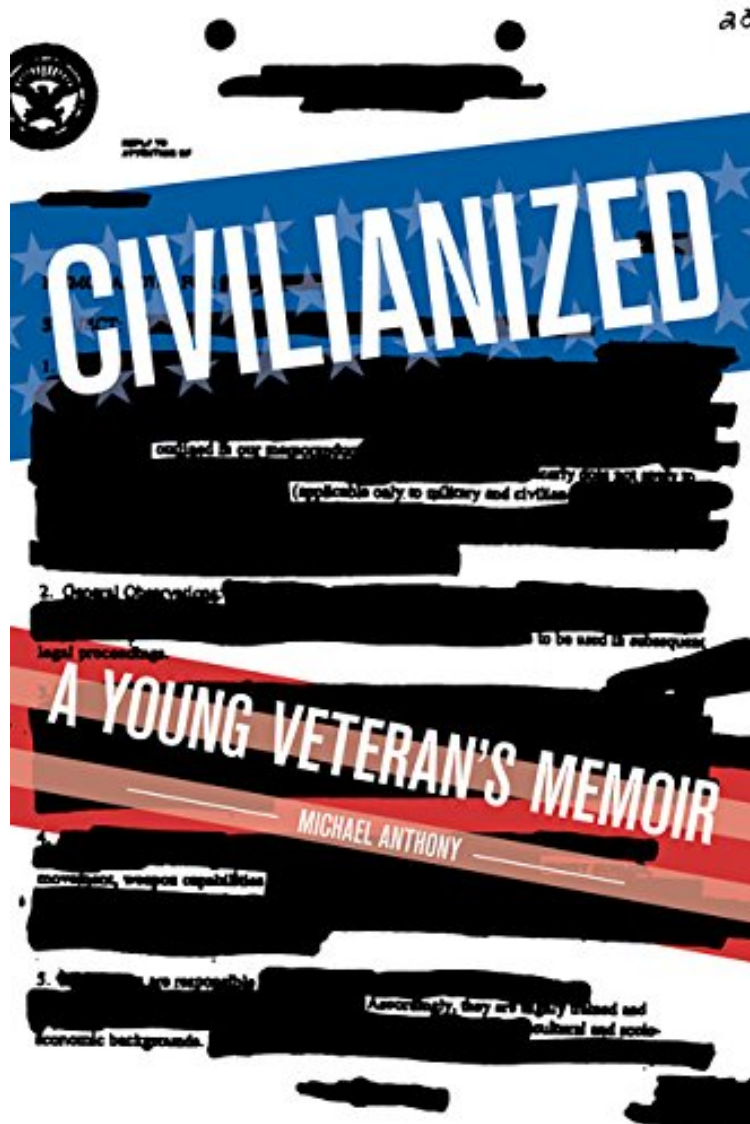


(Free read ebook) Civilianized: A Young Veteran's Memoir

Civilianized: A Young Veteran's Memoir

Michael Anthony

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Michael Anthony : Civilianized: A Young Veteran's Memoir before purchasing it in order to gage whether or not it would be worth my time, and all praised Civilianized: A Young Veteran's Memoir:

4 of 4 people found the following review helpful. This is a book not to be missed....By discdiseaseWow, what a difference a few years makes in Mr. Anthony's story telling, his writing and his ability to grab his readers while tackling the VERY IMPORTANT subject of PTSD. Anthony not only shares his personal challenges with this terrible disorder but he does so in a way that comes across as "human" and not like a trained Psychiatrist. This helps him personalize his story without seeming the least bit medicinal and without using only Latin like words that the basic

"Joe" would need a dictionary to get through, even I didn't feel overwhelmed by the information, very sad and alarmed but not out of my comfort zone. This book is much better written, better told and well, just BETTER than his first book *Mass Qualities: A young medic's true story of death, deception and dishonor in Iraq*. I tried, several times, to get through *Mass Qualities* but Mr. Anthony's words came off as whiny and "poor me-ish" and because I have read nearly 500 books about the Afghanistan and Iraq wars, I've gotten a little spoiled by the hundreds of great reads out there. Please do not think that my dislike of his first book takes away any of my sincere gratitude, my high regard for his military duty or the appreciation I have for him being a part of the ONLY 1% of the population that answers the call for duty. This commitment, which takes away a lot of his family and personal time and which puts his life in harms way are just two of the many many reasons why I personally consider our military men and women to be a part of the one group that I hold with the highest of regard as well as the group I most admire and respect. Anthony tackles the harsh topic of PTSD and he produces a winner. I have read numerous books about PTSD and while many are hard to understand this book really nails it so that the average person has a clue and doesn't get lost. He uses humor, real life experiences and even self-deprecation to help us readers get a clear picture about PTSD and how it takes a human being and tries to drown him with it's demon like characteristics. I loved this book. I really enjoyed reading about the author's experiences in battle and at home and his personal story is truly a valuable and moving one that will hopefully wake up those in our medical world that just throw pills at this disorder and expect our soldiers to "get by" and just accept PTSD. The suicide rate is out of control within our military and hopefully books like this will help out those that want or need help but might be afraid or ashamed to reach out for the help they truly need and deserve. Our men and women in uniform deserve anything and everything once home and I find it appalling that more is done for these true American Heroes. Thank you Mr. Anthony on a job well done. I look forward to your next piece of work with great anticipation. My biggest "thank you" is meant for you, your "brothers" in the service and your family for your dedication to all Americans to keep this country the best in the world. It was an honor to read your personal feelings about PTSD and your resolve to help others oozes out of your words. 1 of 1 people found the following review helpful. ... of what one soldier's journey back to normal looks like. Michael shares with us his personal and private ... By StaceyAn up close and personal view of what one soldier's journey back to normal looks like. Michael shares with us his personal and private torment post deployment. He is brutally honest and strikingly bold in his storytelling. His story is both quirky and dark. It is his story and comes from a place of utterly revealing truth. Speaking as someone who deployed with Michael, we all face our own battles to be "civilianized". He has been generous enough to reveal to the average public his personal struggle. I think more public understanding will be attained through the sharing of stories. The moral injuries of these wars take a huge toll in the act of 22 veterans that commit suicide daily. The VA and other military organizations fight against this battle constantly. We need more soldiers telling their stories and letting the others know that they are not broken, but just on their own journey back to being "Civilianized". 0 of 0 people found the following review helpful. Five Stars By Jeffrey Miller Good book.

After twelve months of military service in Iraq, Michael Anthony stepped off a plane, seemingly happy to be home--or at least back on US soil. He was twenty-one years old, a bit of a nerd, and carrying a pack of cigarettes that he thought would be his last. Two weeks later, Michael was stoned on Vicodin, drinking way too much, and picking a fight with a very large Hell's Angel. At his wit's end, he came to an agreement with himself: If things didn't improve in three months, he was going to kill himself. *Civilianized* is a memoir chronicling Michael's search for meaning in a suddenly destabilized world.

"Michael Anthony writes with emotional clarity, dark wit, and unpremeditated honesty. But what stayed with me most, I think, were the quiet punches to the gut: That to kill oneself, one must not only feel like dying, but like killing, and the feelings could not be farther apart. That what messed with him most was not the brutality of his foes but the moral bankruptcy of certain commanders. That it is not so much the intensity of combat that derails a soldier but the flatness of its absence. I won't soon forget this book." --Mary Roach, author of *Grunt: The Curious Science of Humans at War* and *Stiff: The Curious Lives of Human Cadavers* "[T]his at-times darkly comic memoir serves as an important reminder of the human cost of America's involvement in overseas conflicts. . . . An intense memoir." --Kirkus "Civilianized has the introspection of a literary memoir and the narrative momentum of a novel." --Booklist "Michael Anthony's expressive wit and deep emotionality connect with a vital story to present an account of the veteran's experience returning from war that is prevalent, yet far too infrequently told. *Civilianized* questions what it means to be a soldier, and what it then means to be a civilian. There are no easy answers, but Anthony delivers a dose of reality that can awaken the mind and provides useful information about the challenging transition soldiers face upon returning home." --Bookreporter "Michael Anthony's *Civilianized* howls with hard-earned wisdom. An unflinching story of homecoming and the after-war, Anthony has been to the brink and back. He writes with both soul and candor, and for that, contemporary war literature is in his debt." - Matt Gallagher, author of *Youngblood* and *Kaboom: Embracing the Suck in a Savage Little War* "Anthony navigates the dark side of a veteran's homecoming with honesty, skill, and even a touch of humor. Prepare to be disturbed and entertained in equal measures." - Brian Castner, author of *The Long*

Walk and All the Ways We Kill and Die "In this tender memoir Civilianized, returning Iraq war veteran Michael Anthony hurls us into the raw, moral betrayals of war and the awful moral dislocation of coming home. At times hilarious, at other times harrowingly sad, Anthony's memoir screams out at us to pay attention to the needs of our veterans." - Nancy Sherman, author of *Afterwar: Healing the Moral Wounds of our Soldiers* and *Untold War: Inside the Hearts Minds and Souls of our Soldiers*. "Important and essential, *Civilianized* is an unflinching look at the dark hell of reintegration. Michael Anthony's personal story provides us with a deeper understanding of the war that many of us post 9/11 veterans face alone when returning home. A must read." - Colby Buzzell, author of *My War: Killing Time in Iraq* and *Thank You for Being Expendable*