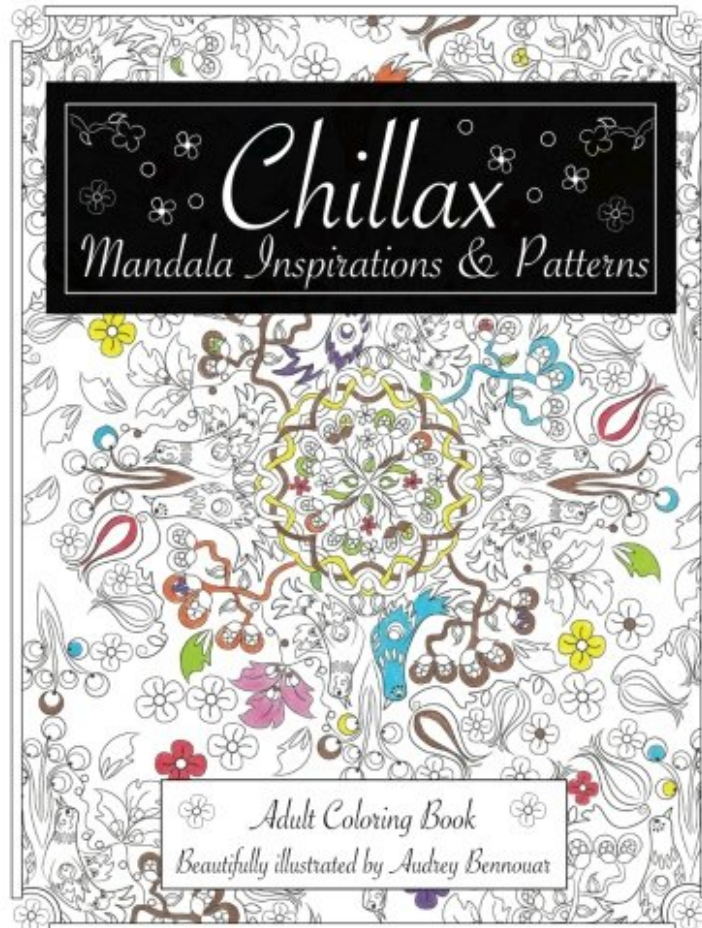


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## Chillax Mandala Inspirations and Patterns: Adult Coloring Book

*Audrey Bennouar*

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**Audrey Bennouar : Chillax Mandala Inspirations and Patterns: Adult Coloring Book** before purchasing it in order to gage whether or not it would be worth my time, and all praised Chillax Mandala Inspirations and Patterns: Adult Coloring Book:

0 of 0 people found the following review helpful. Two StarsBy Ashley TalbotNot what I expected.0 of 0 people found the following review helpful. Beautiful illustrations - love coloring this inBy BabyBinkyBunnyReally cool book - I love coloring and was looking for something different than the usual mandalas, this is a lovely book the illustrations are really detailed in some places and you can really spend time with the intricacies of some of the designs I love the originality of the designs. Each illustration is on a single pagewhich is great as you don't need to worry about and image on the next page - nice quality paper. I would definitely recommend this and am buying another as a present for my friend for xmas who is also into coloring.

An original and unique medley of 35 mandala inspirations and patterns. Let your self chill, relax and unwind while exploring the interesting and eclectic variety of designs. Preview here on Youtube:  
<https://www.youtube.com/watch?v=5GGcXWEvhfI&feature=youtu.be> The designs include abstract shapes, birds, candy, flowers to name a few with plenty of positive imagery to delight and surprise. Some designs are very intricate and others less so depending on the colorists time and mood. The only limit is your imagination. Each illustration is on a single page so you can really go to town coloring without concern for the next image. This would make a great gift for someone arty.

[instagram.com/chillaxcoloring/?hl=en](https://www.instagram.com/chillaxcoloring/?hl=en) From the Author This is the first adult coloring book that I have authored. It was a wonderful experience as through self publishing I was able to do exactly as I pleased as an artist. I have been an artist in Ireland for well over 10 years and also paint in acrylics, I thought publishing a book would be a great way to reach a much wider audience with my work and what a great medium to use to retain full artistic expression. I absolutely adore Mandalas and for years have loved and admired their symmetry they are wonderful expressions of the inner world and what makes the coloring book so special is that other artists, colorists and arty types get to color them in. The concept of adult coloring is very unique as your not only reaching so many people with your ideas but it is also interactive in the way people can take and interpret your art in many wonderful and colorful ways. This gives this medium a very powerful narrative between illustrator and colorist.