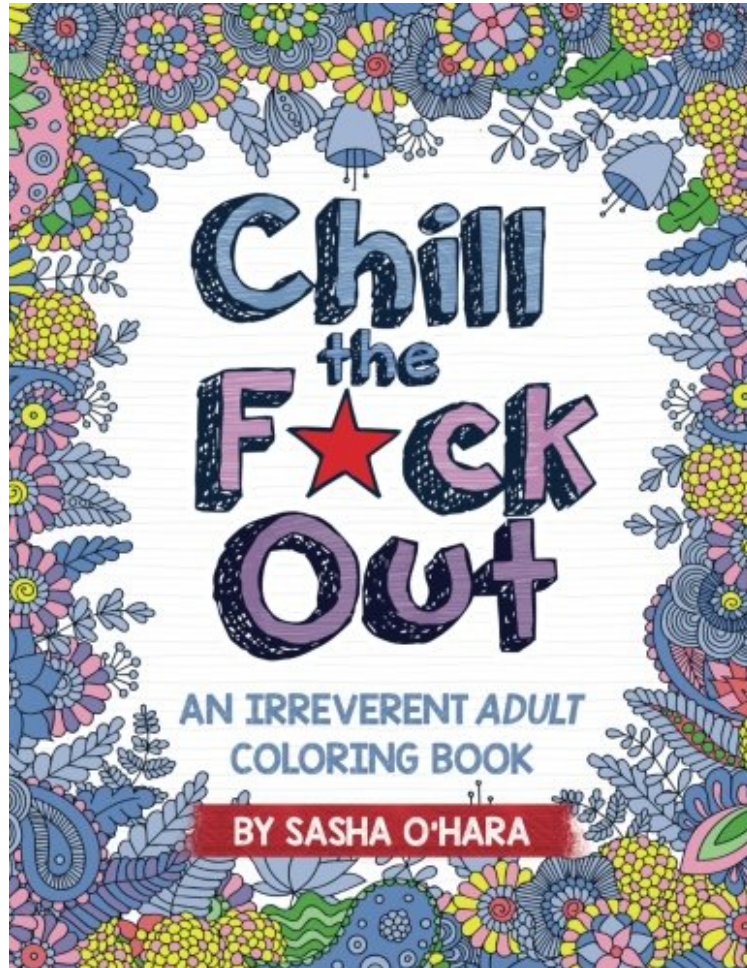


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Chill the F*ck Out: An Irreverent Adult Coloring Book (Irreverent Book Series) (Volume 2)

Sasha O'Hara

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Sasha O'Hara : Chill the F*ck Out: An Irreverent Adult Coloring Book (Irreverent Book Series) (Volume 2) before purchasing it in order to gage whether or not it would be worth my time, and all praised Chill the F*ck Out: An Irreverent Adult Coloring Book (Irreverent Book Series) (Volume 2):

68 of 68 people found the following review helpful. Yes - coloring does relieve stress. Especially coloring these pagesBy MissyBissySasha O'Hara gets me. She really really gets me.I have 4 kids, 2 grown and 2 young. The 2 younger ones are on the spectrum. I have a narcissistic alcoholic ex husband. I have a full time job. I have a divorce attorney who ran off with my retainer fee and didn't handle my divorce. I have a house that has plumbing issues and what appears to be a cracked slab. I have aches and pains and issues that have sent me to a dozen specialists over the last year with no real improvement. I guess you can say I might be stressed out.So there is this new trend with adults

and coloring books and I thought - why not. I bought some pencils and a couple books and got started. One day, the first book in the series popped up on as an item I might be interested in. I purchased it immediately because lets face it - knows me better than anyone - my ex husband included. The day it showed up, my daughter was in the midst of a meltdown because her iPhone wasn't working (she just needed to restart it) and just looking at the pictures brought me joy. I didn't realize that a second book had been released until I was looking at the first book to send the link to someone that I thought could use some Sasha in her life. I immediately purchased the second book and was delighted when delivered it a day early. Once again - this book speaks to my soul. I hate 6 AM. There are days when coffee is the only thing that keeps me moving. Sarcasm and coloring are my defense mechanisms. I'm working on not getting wrinkles. And yes - I can make wine disappear! These pictures - while absolutely silly and snarky - let me know that there are others out there who feel my pain. Maybe it's a mom thing - we take everything on ourselves and never feel like we do enough (though the guys I know also love these books). Maybe it's just our society these days where it's so hard to take the time to step back and feel connected. I don't know what it is. I just know that these pictures make me smile. As for the actual pictures - I love that there is a variety of styles. Some pictures have small intricate designs. Others have bigger areas to color in. As my eyes have been going buggy lately from I don't even know what (that will be yet another appointment) - I appreciate having choices I can work on when my eyes don't want to focus. And there truly is something for everyone. My youngest was recently introduced to the movie Clueless. He's been walking around saying "as if!" for days. He was so excited to find a picture for him too! Will this book change your life? Maybe. Maybe not. But if you need a little sarcasm and girl power in your coloring selection - then you need this book. I'm hoping there will be a next book after this one!

2 of 2 people found the following review helpful. Great Book Overall
By lina This book is awesome!! I was looking for something to help me zone out and chill out and this book is perfect!! The pictures are well drawn and there is a wide variety of intricate pages to simple pages depending on your mood. The paper is a good quality and pencils blend well! The pictures are one sided but you will need to put a dividing paper in between pages to prevent bleed through to be safe. This book is sure to provide hours of coloring and stress relieving pleasure. This is the second book in the irreverent series from Sasha O'Hara. I hope there are more to come!!

1 of 1 people found the following review helpful. Chill out color!
By Shan Thomas Because there are already a bunch of reviews, I'll make this short sweet. This book has a wide variety of designs to color, some swears, some not, but all... fun! The pages are all single-sided, non-perforated. I recommend ALWAYS putting a piece of card stock between pages to prevent bleed-thru. Buy it, you'll like it!

From the creator of the #1 bestseller *Calm the F*ck Down* comes *Chill the F*ck Out*, an Irreverent Adult Coloring Book The perfect way to tickle your snarky bone. Let yourself or the one you love chill out, de-stress and unwind. Blow off steam and express how you really feel with these humorous, sassy and out-of-line coloring pages. Color the things you can't say. Always sassy, often snarky, *Chill the F*ck Out* is ready for you to enjoy the shit out of it! 28 new Single-Sided images 2 color test pages Each single-sided page ranges from moderate to detailed in complexity. You choose what you want to color based on your mood. A variety of beautiful designs, such as people, animals, abstract and flowers are included. These beautiful images include abstract designs, animals and people, each with its own subversive saying like "It's been lovely but I have to scream now", "As If", "That's MS. Bitch to you", and more. Contains Adult Language. What others are saying about *Calm the F*ck Down*, an Irreverent Adult Coloring Book by Sasha O'Hara "This book will do exactly as it says. It will help you calm the "f" down. The book is awesome. It has one image per page, not front and back, so no worries about markers bleeding thru and ruining another image. I love that there are a couple of pages at the front to test your colors on. The book has awesome images and sayings. The images vary significantly so there really is something for everyone. I've included some sample images from the book to get an idea of what is inside. Amazing book for anyone who loves to color at a super reasonable price. Great gift idea. I'm buying a couple more for friends now that I've seen the inside..." - Melissa S. "I have had so much fun coloring your designs! They keep me somewhat sane when I am not feeling well. Thank you so much for putting out this book!" - Trish H. "I have so many coloring books that I've collected for the last 20 years; as a potty-mouthed b*tch, though, this is my current favorite. Can't wait for the next!" - Debbie M. "This is by far my favorite coloring book and I have tons!! Just the perfect amount of swears meets funny. Some of the swears are disgusting. This one is perfect!!" -Gavin S. "I don't typically do product reviews but this time I'm making an exception. I absolutely love this book! Sure I'm sarcastic, sassy and have a sense of humor, and if you are too you'll love it as well. Some pages are simple, some more detailed so it's great for someone trying to just get a start in this hectic new wave of adult coloring. In the long run it makes me smile, and isn't that worth every penny?" - Anonymous "I just received this 15 minutes ago. This is just what the doctor ordered. Clearly it's not for those offended by foul language, but that should be obvious by title. I don't write that many reviews and certainly not within minutes of receiving the article. This little treasure of a coloring book was definitely worth the effort. While I enjoy my beautiful garden, faces, animals, mandalas and steampunk coloring books, Sasha O'Hara knocked it outta the park with this little diddy. I'm glad I didn't look at the pictures in the reviews. It was sooo much better being surprised by each turn of the page and literally laughing my a** off at such lovely drawings as the titles described my true feelings. There's a few I plan on coloring,

framing and presenting to a few friends. Highly recommended to those not offended by uncensored foul language. -
Moodswings

About the AuthorSasha O'Hara has lots of fun making beautiful and sassy adult coloring books for your entertainment. Sasha O'Hara is the pen name of a pain and stress relief therapist in Portland, Oregon. In her practice she's seen the benefits of adult coloring for her clients, family and friends. Now she shares her own sense of humor through her own coloring books. After all, laughter really is the best medicine. Learn more by visiting www.SashaOhara.com Join a community of fun like-minded people at www.facebook.com/sashaoharacoloringbooks