

(Mobile book) Celestial Moods:: A Chakra Mandala Coloring Book (Volume 1)

## Celestial Moods:: A Chakra Mandala Coloring Book (Volume 1)

Jessica Durham-Gonder

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**Jessica Durham-Gonder : Celestial Moods:: A Chakra Mandala Coloring Book (Volume 1)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Celestial Moods:: A Chakra Mandala Coloring Book (Volume 1):

0 of 0 people found the following review helpful. Nice coloring book, as described!By PJThis is a nice coloring book, covering the 7 chakras of the body. The book was as described. It has 30 mandalas to color, with good quality paper for a coloring book. I would enjoy having more coloring pages, but again, it is as described, for the price, you can't beat it! As someone new to chakra learning, I also enjoyed learning a little about them, particularly their order in the body, the colors, shapes, Sanksrit names.0 of 0 people found the following review helpful. Four StarsBy EmmyMy teen niece likes this.1 of 1 people found the following review helpful. Five StarsBy KMLove it so cool and learn more about this book! :)

Design kaleidoscopic creations via this beautiful chakra-inspired collection of meditative mandalas—to be experienced by artists and meditators of all ages, from newbie to master. Mandala is a Sanskrit word, meaning, “circle,” wherein the traditions of Buddhism and Hinduism—symmetrically and beautifully—symbolizes the Source of the Universe in all of its complexities. The elaborate spherical patterns have been created and used for meditative purposes since ancient times. For each of the seven main chakras covered herein, four mandala images are provided, alongside of the corresponding mantra and Sanskrit name for each. The language of Sanskrit was spoken in Ancient India and means, “language of the heart.”

About the Author Jessica Durham-Gonder is a Certified Spiritual Counselor, an author, and an artist. She holds a Bachelor of Arts degree in Religious Studies and is a non-practicing nurse. She is an intuitive, and an active practitioner of Buddhism, daily meditation, and yoga. She enjoys spending time with her family, friends, and her dog, as well as studying the sacred feminine, the tarot, philosophy, spirituality, and new age thought. Amplifying awareness, whether through writing, artistry, counseling, meditating, or simply ‘being’ is her passion and her calling. For more information, please visit Jessica’s website: [HarmonySpiritPath.com](http://HarmonySpiritPath.com)