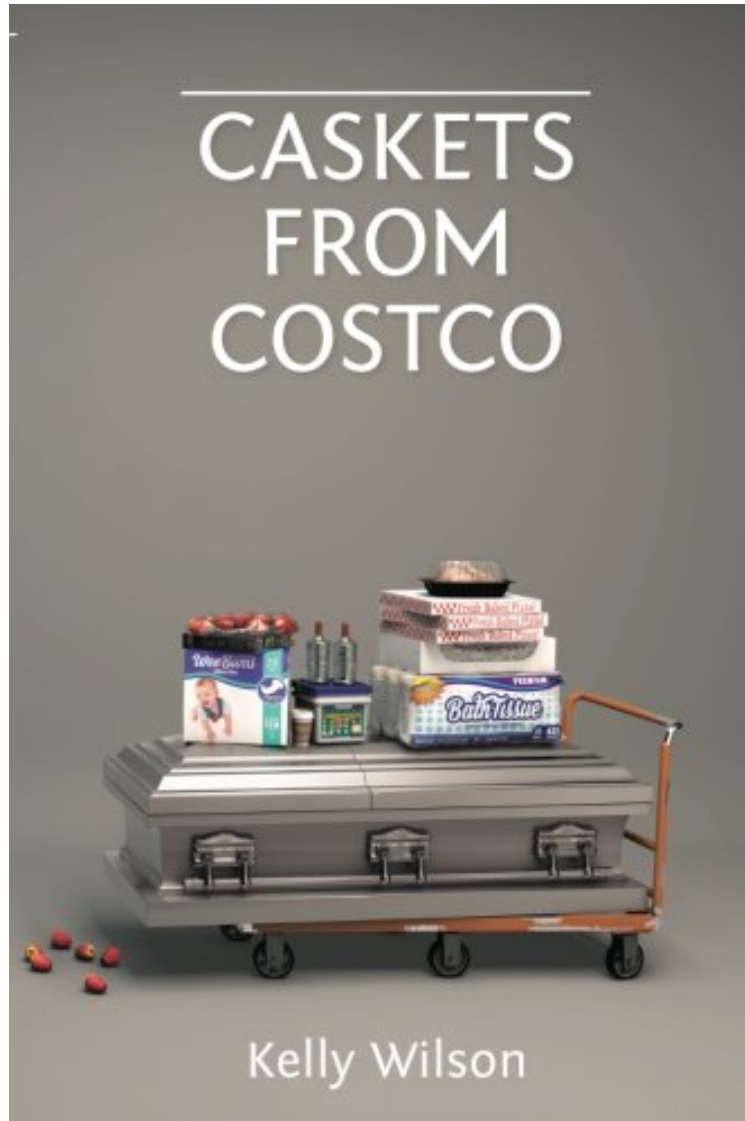


## Caskets From Costco

*Kelly Wilson*

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#4528164 in Books Wilson Kelly 2016-07-12Original language:English 9.00 x .41 x 6.00l, .55 #File Name: 0997620803182 pagesCaskets from Costco | File size: 44.Mb

**Kelly Wilson : Caskets From Costco** before purchasing it in order to gage whether or not it would be worth my time, and all praised Caskets From Costco:

0 of 0 people found the following review helpful. she explores how counseling helped her come to terms with a painful past, including childhood sexual abuseBy ARHuelsenbeckWhen Wilson's beloved father-in-law passed away, her emotions hit rock bottom. No stranger to depression, her grief was more than she could bear. In this memoir, she explores how counseling helped her come to terms with a painful past, including childhood sexual abuse, two

premature births, and a near-death experience. Despite the tragedy she endured, Wilson tells her story with humor, engaging me and holding my interest from first page to last. 0 of 0 people found the following review helpful. What a great read! I really enjoyed how honest and humorous ...By DavidWow! What a great read! I really enjoyed how honest and humorous Kelly tells her often painful stories from her life. I recently reread this again on a long flight and couldn't put it down. There are a lot of references to PTSD and depression and I have a long history of major anxiety, so I can relate to the mental health struggles Kelly has experienced. Highly recommend! I laughed out loud more than once. 0 of 0 people found the following review helpful. Humor on serious subject matterBy Janice MurphyNever imagined a story could be written with such good humor about sexual and emotional abuse, and spiritual misgivings. And then an ending to the story that gives hope!

For twenty years, I thought that I had been marching through the stages of grief in a straight line. I had been following the formula, crossing each processed grief experience off my list. Except that I was totally deluded. And I didn't discover that until Jim, my beloved father-in-law, died. I found myself drying off from my shower the morning after his death, really hoping he couldn't see me naked. Or, if he could, that he was averting his eyes. From that moment, my path through grief resembled a roller coaster, spiraling and twisting and turning, circling back around. Echoes of past trauma, including childhood abuse and cheating death, would no longer be ignored. I somehow needed to get from the beginning to the end of this grief adventure, and I don't have a good sense of direction. But what is always present during a journey through grief, regardless of the path chosen? Hope. *Caskets From Costco* is a funny book about grief that demonstrates the certainty of hope and healing in an uncertain and painful world.

About the AuthorKelly Wilson is an author and comedian who entertains and inspires with stories of humor, healing, and hope. She is the author of *Live Cheap and Free* and *Don't Punch People in the Junk*. Her latest book, *Caskets From Costco*, is a finalist in the 18th annual Foreword s' INDIEFAB Book of the Year Awards and has also been chosen as a finalist in the 10th annual National Indie Excellence Book Awards. As a survivor of childhood sexual abuse, Kelly writes and speaks about finding hope in the process of recovery. Through both stand-up and improv comedy, she brings laughter to audiences of all ages using a wide range of subject matter, including silly songs, parenting stories, and jokes and anecdotes revolving around mental health issues. Kelly Wilson currently writes for a living and lives with her Magically Delicious husband, junk-punching children, dog, cat, and stereotypical minivan in Portland, Oregon. Read more about her at [www.wilsonwrites.com](http://www.wilsonwrites.com).