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Heather Holloway McCash
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Heather Holloway McCash : But First: A memoir of a backwards life before purchasing it in order to gage whether or not it would be worth my time, and all praised But First: A memoir of a backwards life:

2 of 2 people found the following review helpful. Refreshing ReadBy Sarah J AchelpohlHeather's honesty and ability to laugh through difficult life situations is refreshing. Her book was a joy to read. This would be a fantastic book for someone suffering from Lyme disease or chronic pain.0 of 0 people found the following review helpful. Reminds me of a modern-day That Girl!By KathyAn interesting and mostly fun read. Heather reminds me of a modern-day "That

Girl" whose trials include everything from dating to career to chronic illness.3 of 3 people found the following review helpful. I loved the title..first.. and then the book cover made me very curious!By Tricia N.It is never very easy for me to critique someone else's writing,especially a memoir! But this author shares herself openly and honestly about her life,fears and disappointments ; she connects to her reader by her vulnerability. The under lying theme is when life kicks you in the butt you take the kick as nudge to flip it around and go forward even more determined. Kudos !

Heather Holloway McCash was born butt first. She's been living her life backwards ever since. Her memoir features stories and poems--in reverse chronological order--about her love life, struggle with Lyme Disease, experience living in New York during the 9/11 terrorist attacks, early foray into ballet, close encounters with celebrities, and battles with corporate dragons. Despite some tough setbacks, Heather cartwheels through life with grace, demonstrating that it's never too late to reinvent oneself and, no matter the circumstances, fun is just around the corner . . . or in the next city . . . or behind the curtain . . . or on the playground.