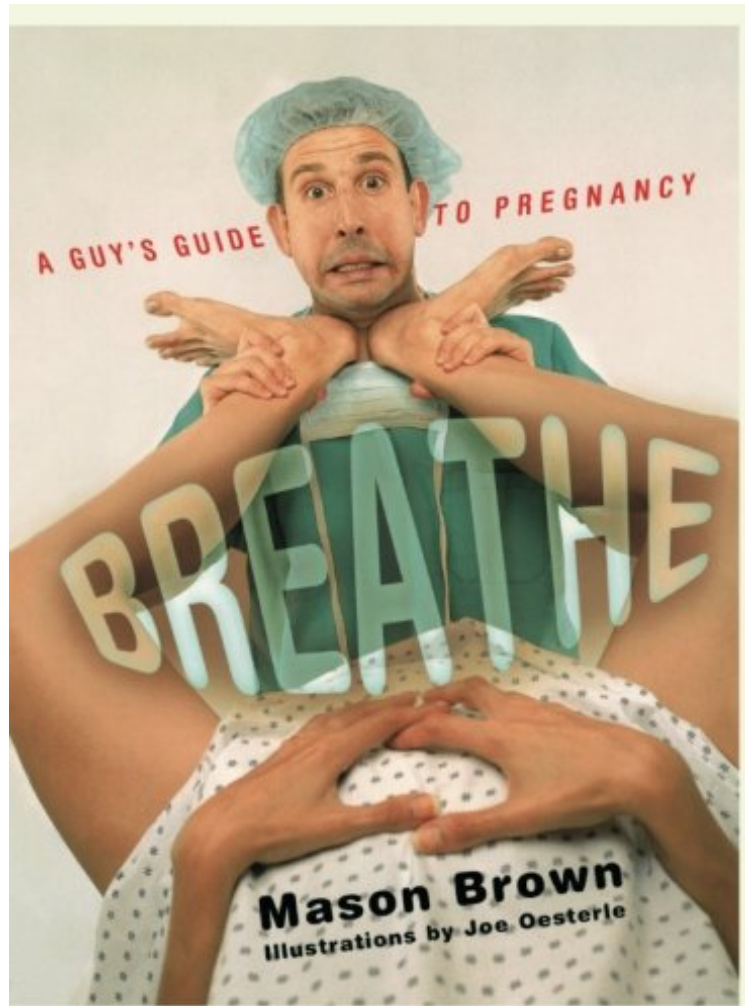


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## Breathe: A Guy's Guide to Pregnancy

*Mason Brown*

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#2939176 in Books 2002-02-11 2002-02-11Original language:EnglishPDF # 1 7.50 x .50 x 5.50l, .45 #File Name: 0743219708192 pages | File size: 51.Mb

**Mason Brown : Breathe: A Guy's Guide to Pregnancy** before purchasing it in order to gage whether or not it would be worth my time, and all praised Breathe: A Guy's Guide to Pregnancy:

5 of 5 people found the following review helpful. Hilarious Perspective!By Clara M. FullerThis is not a true guide for any man coping with pregnancy. However, it is a funny, sarcastic view of the entire experience! I can imagine guys sitting around drinking a couple of beers discussing their wives and pregnancy and it would sound like the comments in this book. From establishing paternity to making financial adjustments to picking out names, this book is filled with one laugh after another. I laughed till I cried reading this book as did my husband and several friends of ours! For those people who are realists about the trials and tribulations of pregnancy and children, this book is a great laugh. For people who are too serious and looking for serious advice, find another book. This is for those who can see the humor in reality and need to laugh at even the serious things in life to maintain their sanity.0 of 0 people found the following

review helpful. Terrible!By nikki loweThis book is awful. I read it before he did and if he went by the directions in this book he wouldn't be alive to see this baby. I was hoping it would just tell alittle on how I was feeling and going though at different weeks. I would not waste any money on it!0 of 0 people found the following review helpful. This book is hilarious!By A CustomerI loved this book, and so did my husband! We laughed out loud at many of the jokes, and there are a lot of them in this book. It is a great gift for expectant fathers. No, it doesn't have standard advice -- it's a spoof after all, but if you don't have a sense of humor before you have a baby, you've got your work cut out for you! I would definitely recommend this book. It's a fun read!

Finally, a book for guys that solves the riddles of pregnancy. Do you think that newborn babies can eat Doritos? That they can't scream very loudly since they just have tiny little baby lungs? That you will still be able to golf on weekends after your baby is born? If so, you need this book! Breathe takes guys misstep-by-misstep through the stages of pregnancy and the early days of childhood. Considered by many to be the unofficial pregnancy handbook of the NBA, Breathe is filled with useful tips such as these: Brown's First Law of Conception: The odds of conception are inversely proportional to its desirability. High school virgins experimenting behind bleachers are guaranteed to get pregnant; financially secure married men hoping for children are doomed to spend their weekends in fertility clinics masturbating into cups. Picking a doctor: Never use a gynecologist whose Medical School Diploma has palm trees on the side. Pre-Natal Music: Mozart, yes. Wagner, No! Common Concerns: If your baby is born with dark hair that covers its head, back, neck, temples and forehead, don't panic. This is perfectly normal. It just means your baby was born Italian. Child experts from all over the world agree -- if you're a first time father, drop your baby and pick up this book!

About the AuthorMason Brown is a managing editor at NationalLampoon.com. He is also the author of the bestselling business humor book Who Cut the Cheese? He lives in Los Angeles with his wife, his three-year-old son, "the boy,"and a one-year-old daughter, "the girl."Excerpt. © Reprinted by permission. All rights reserved.Chapter One: On Deciding to Become a FatherUnlike marriage, fatherhood is not something to be entered into lightly or unadvisedly. You must understand the full range of responsibilities and duties it entails. Having a baby is a full-time job. You've got to feed it, clothe it, shelter it. I mean, man, that's a lot of hassle.So before you embark on fatherhood, make a list of reasons why you want to have a child. Compare your reasons with the following list:GOOD REASONS TO BECOME A DADYou and your wife have discussed having a family, and the time just seems "right."You love the idea of fatherhood, with all the joys and responsibilities it entails.You want to teach, love, and nurture a precious, tiny human.BAD REASONS TO BECOME A DADYou hated your dad, and you want to take it out on someone.Just to see if your boys can swim.To win a bet.You think it will make you look more mature.Everybody else is doing it.Still think you're ready? Many high schools require their sex-ed students to care for a plastic doll for two weeks in order to help illustrate the full-time nature of parenting. Why don't you try it? If your "test" baby looks like this, then maybe you should hold off on having children -- at least for a little while.If, however, you passed the baby doll test (or, more likely, figured, "Who the hell has time to drag around a stupid plastic doll?" and decided not to bother), you might still want to test your "Fatherhood Aptitude" by taking the following test.Use a number 2 pencil. 30 minutesThe Fatherhood Aptitude TestMultiple Choice1. The best way to calm a crying baby is to:a. hand him off to mommy.b. gently rock him up and down.c. slap him silly.2. An appropriate baby-sitter is:a. one of our relatives.b. a trusted teenage daughter of a friendly neighbor.c. an English au pair.3. Which of the following is an acceptable toy for a baby?a. A large doll with plastic crinkle-paper stuffing.b. A large, hard, plastic teething ring.c. A large, plastic dry-cleaning bag.4. Which of the following best describes your reasons for wanting to become a father?a. I love kids.b. I feel the time is right to have a family.c. I enjoy playing with my Tamogotchi hatch-an-egg video game.5. Why do you think you'd make a good father?a. I'm so hopelessly, deliriously in love with my wife, that my happiness can't help but rub off on our child.b. I look forward to imparting all of my skills to a future generation.c. I just finished reading Earl Woods' book Training a Tiger. I'm ready to get started immediately.6. Your wife wants to start trying to have a baby. She's charted her temperature, and knows that she's been ovulating on a twenty-nine-day cycle. If today is March 10, and her temperature last peaked five days ago, when is the best time to try to conceive?a. April 4.b. April 5.c. Right now. Continue trying until my Viagra runs out.7. Baby : Beer ::a. Square Pegs : Round Holesb. Checks : Stripesc. Who the hell let the baby near my beer? That's my beer, dammit!8. You hope that your first child is:a. a Girl.b. a Boy.c. other.9. The young father picked up his newborn baby with \_\_\_\_\_ in his eyes and gently \_\_\_\_\_.a. love...sang a lullaby.b. joy...Cooed nonsense syllables.c. horror...dropped it.10. By the end of its second month, a baby should be able to:a. smile.b. respond to a bell in some way, such as startling, crying, or quieting.c. read.11. goo goo : ga ga ::a. boo boo : ba bab. Milli : Vanillic. Shut : Up12. Four babies are getting weighed in the maternity ward. Your baby, R, weighs more than V. T weighs less than R. S weighs more than V but less than T. Which of the following is the correct lineup of babies from smallest to biggest?a. V, S, T, R.b. Cannot be determined from the information given.c. Which one is mine, again?True or False?1. Babies can eat Doritos.T F2. Babies can be left unattended if you are pretty darn sure you will return by the end of the hour.T F3. Babies can't scream very loudly since they just have

tiny, little baby lungs.T F4. Once you have a baby, you will have more free time since there will be extra hands around the house.T F5. Baby fat insulates babies from all but the coldest arctic conditions.T F6. You will still be able to golf on weekends after the baby is born.T F7. Most pregnant women look like Hunter Tylo.T F8. I plan on videotaping the birth and then showing it to friends.T F9. I was born a rambling man.T F10. Someday, I would like to appear on the Jerry Springer Show. T F11. Lamaze breathing techniques could also be useful when I'm on the can.T F12. Whenever you mention that you'd like to have a large family of, say, five kids, your wife anxiously eyes the bathtub.T F

Short Essay:What does commitment mean to you?Stop!!If you have finished before the time allotted, you may go over any questions in this section. Then place your answer sheet facedown in front of you with your pencil on top. Do not go on to any additional sections. Do not run screaming out the door to a seedy singles bar for casual, anonymous sexual encounters.

ScoringIf you answered any of the questions, you pass. And if by some miracle of nature you actually tried to write an essay, then you've got definite fatherhood potential (unless you wrote "all work and no play makes Jack a dull boy" over and over again, in which case don't go on any vacations in the north woods with your family).

Note: If you answered "c" to any of the multiple choice questions, or "True" to any of the True/False questions, then beware! You are a moron. Of course, that alone does not disqualify you from fatherhood in any way.

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