

Brain Snacks: Fast Food for Your Mind

Dr. Karl Albrecht

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BRAIN SNACKS

*Fast Food
for Your Mind*

... being a collection of peculiar ideas,
curious questions, oddball observations,
pithy quotations, factoids, lame jokes,
quirky definitions, mysteries,
weird news stories, rants,
witticisms and nitwitticisms,
strange speculations, and other stuff
you didn't know you didn't know



Karl Albrecht

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Dr. Karl Albrecht : Brain Snacks: Fast Food for Your Mind before purchasing it in order to gage whether or not it would be worth my time, and all praised Brain Snacks: Fast Food for Your Mind:

1 of 1 people found the following review helpful. Delightfully hilarious, yet astute commentary on modern lifeBy Brian GahranI met Dr. Karl Albrecht at a recent conference on book publishing. In one of life's serendipitous moments, I found that we share similar career experiences as a physicist, business owner, military officer, and strategic thinker. What I discovered in Karl is a polymath with an extraordinary range of interests. His insights are

steeped in a refined, often irreverent, sense of humor - no one is spared his critical eye, shrewd mind, and rapier wit. Looking for a light read while flying overseas, I brought a copy of Brain Snacks that Karl had given me. It features a potpourri of snarky humor in the best British tradition of The Economist and Monty Python. And Karl delivered in spades - the book is liberally sprinkled with pop culture, tongue-in-cheek commentaries, amusing historical notes, and optimistic prognostications. His "snack-sized" bites tickled my ribs so often that the flight attendant asked why I was chuckling! Yet Brain Snacks is more than simply a relaxing read; at its core it is an astute commentary on modern life. A recipient of Mensa's lifetime achievement award, Karl shares many perceptive observations on people, relationships, technology, and society at large. More importantly, he challenges us to think and use our intelligence, qualities which are in short supply today. Well-edited, this book is a quality read (mine is full of dog-eared pages and notes). For those wanting to slap their knee while acquiring sage pearls of wisdom on how to succeed, this is the right book for you. Dr. Brian Gahrn www.ypgblog.com 0 of 0 people found the following review helpful. Two Stars By Customer More of the author expressing his own opinions mixed with trivia than any "brain snacks." 1 of 1 people found the following review helpful. Brain Snacks a.k.a. "Mental Munchies" By Frederick W. Nickols In the interest of full disclosure, I must admit that I know Karl Albrecht. We met once a few years ago and we also attended a little gathering at a friend and colleague's home. I have known of Karl Albrecht for many years, and I have always had the utmost professional respect for him and his work. Now, all that has changed. Now, I really like and admire him!! Brain Snacks is one of the funniest and most interesting books I've come across in years. I had barely started reading it when I began laughing so hard that my wife gave me a disapproving look. I kept reading. One of the many things I like about Brain Snacks is that there is no plot to figure out; no story line to follow; no lengthy passages. You can pick it up, read a little bit and put it down - or, you can keep reading. You can jump around as your mood dictates and you won't lose track of a thing. Quite simply, it is a book chock full of "mental munchies." There are some recurring categories: Nitwitticisms, Favorite Lamé Jokes, Partly Baked Ideas (PBI) and Famous Bad Calls to name some. But, in the end, Brain Snacks is exactly what Karl says it is: "Fast Food for Your Mind." At 235 pages, with the Credits and Introduction at the end instead of up front, you would have a hard time finding a better way of entertaining yourself on an as-you-feel-like-it basis and, maybe just maybe, also educating yourself a little bit in the process. At \$15.95, it's a darn good buy.

. . . being a collection of peculiar ideas, curious questions, oddball observations, pithy quotations, factoids, lamé jokes, quirky definitions, mysteries, weird news stories, rants, witticisms and nitwitticisms, strange speculations, and other stuff you didn't know you didn't know

About the Author Dr. Karl Albrecht is an executive management consultant, coach, futurist, lecturer, and author of more than 20 books on professional achievement, organizational performance, and business strategy. He is listed as one of the Top 100 Thought Leaders in business on the topic of leadership. He is a recognized expert on cognitive styles and the development of advanced thinking skills. His books Social Intelligence: The New Science of Success, Practical Intelligence: The Art and Science of Common Sense, and his Mindex Thinking Style Profile are widely used in business and education. The Mensa society presented him with its lifetime achievement award, for significant contributions by a member to the understanding of intelligence. Originally a physicist, and having served as a military intelligence officer and business executive, he now consults, lectures, and writes about whatever he thinks would be fun.