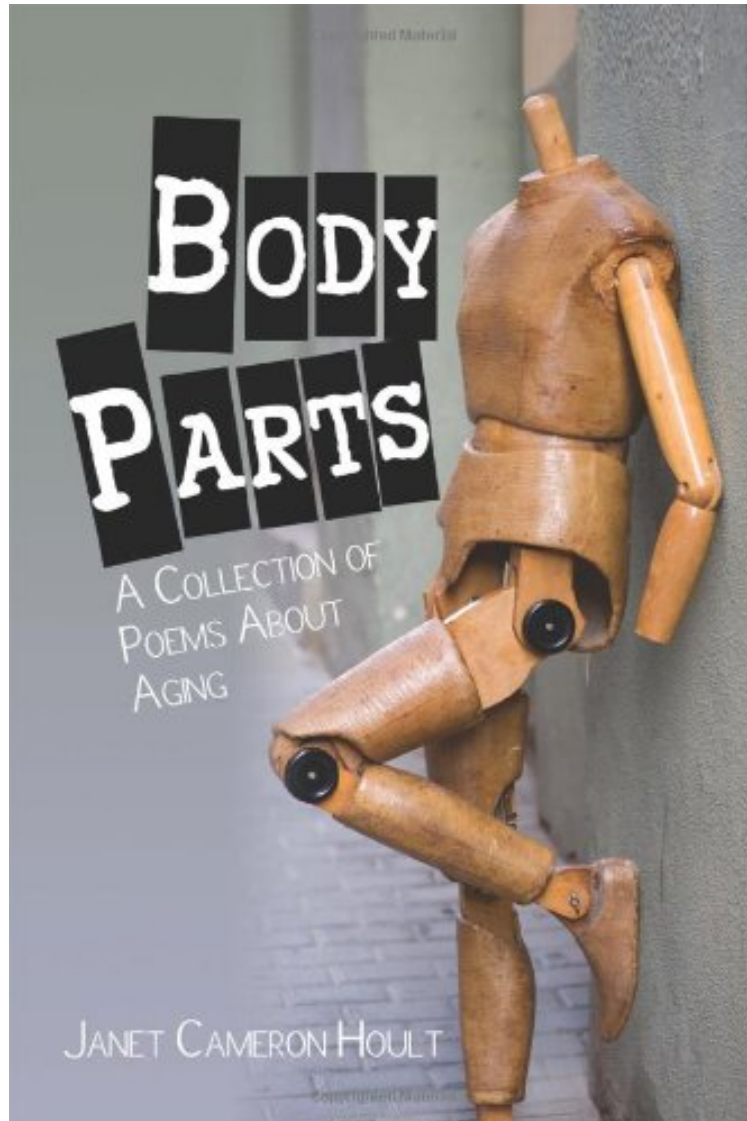


(Mobile book) Body Parts: A Collection of Poems about Aging

Body Parts: A Collection of Poems about Aging

Janet Cameron Hoult

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Janet Cameron Hoult : Body Parts: A Collection of Poems about Aging before purchasing it in order to gage whether or not it would be worth my time, and all praised Body Parts: A Collection of Poems about Aging:

0 of 0 people found the following review helpful. Age is just a number except when your foot hurts!By Miss Fuss BudgetAs we baby boomers age, we begin to realize we're just mere mortals and none of us will get out alive! Hoult's book, "Body Parts" tells it like we feel! With wit and charm, she guides us through each wrinkle, ache, and operation we've had or are going to need. I just bought a copy for my mother so she can enjoy it with her cronies but I sadly

realized, I can enjoy it with my friends, too! Janet Cameron Hoult's writings will travel around cyberspace long after the rest of us are gone. She brings universal truth to each body part. This book is an easy read, an uplifting of the heart, and a must have in the home, bedside or in the loo! I highly recommend it for anyone who wants to know what it's like to grow old in body, but stay young in mind. 0 of 0 people found the following review helpful. Body parts By Robert F. Brodsky I believe I reviewed it earlier. it's a great book - especially if you ar 'living it' (over 70) 0 of 0 people found the following review helpful. Replacing Depression with Laughter By Grady Harp Janet Cameron Hoult may be a teacher/professor by trade, and a poet by instinct, but in this rare and delicately tender yet humorous collection of poems about aging she takes on another role - that of a self help guru. Far too many people are terrified of the aging process, the concept of being a Senior Citizen, or worse - a fuddy duddy, wooly haired, slightly demented gomer. Not Hoult. In this selection of poems she manages to tackle most of the events that clutter the lives of 'those beyond sixty', facts such as stress incontinence, aging skin, wrinkles, 'pills, pills, pills', diminished senses of smell and hearing, etc etc etc. All of these factors are simply facts of a machine that has been running high gear for a lot of years and can now admit it is not the newest model. Hoult accepts this in the merriest (and most good-humored) way and instead of pounding us with demands to change, change, change, she simply shows how she and her husband are weathering this new territory. Some will not be able to sustain interest because of the rhyming patterns that at times get in the way, as if the poet is trying too hard to find the right paired word and leave the thought behind, but get past that and the pleasure of her expressions will become contagious. For instance, in a poem titled 'OLD AGE vs YOUTH' she ends her poem with the following: 'It's not just our wisdom, but our knowledge base as well. And knowing how to use them both always rings the bell. Now that we have reached the top and climbed way over the hill, Although youth can try its best to win, we know old age and treachery will. This is a perfect gift for grandparents. It is a better gift for the top group it addresses to share with each other - reading with thick glasses, perhaps! Grady Harp, May 10

BODY PARTS A Collection of Poems about Aging Which body part will be the next To make you think that you're a wreck That you've gone so far over the hill All you can do is take a pill But wait! There's something else to try Something to make you laugh, not cry It won't add insult to injury For it's a book of humorous poetry Poetry designed to help us cope To make us laugh, to make us hope And remember that we have lots of "Heart" Even if we're missing some "Body Parts" So, pick up a book, find a comfortable chair and laugh along with the author and her poetry about our changing body parts - loss of hair, sight and hearing as well as knees, legs and some internal organs! These poems will tickle your funny bone and help you to remember that although we may be growing old there's life in us yet!